

Pascoe Vale Tales

Rotary Club of Pascoe Vale Bulletin

24th February 2022.

<http://www.pascoevalerotary.com.au>

“We acknowledge that we are on the traditional land of the Wurundjeri people of the Kulin Nation and we pay our respects to their forebears past and present.”

Serve to Change Lives!

THIS WEEKS CELEBRATIONS:

Birthdays: Sue & Graeme Harrison

: Damian Nippard

: Denise Johnson

Anniversaries: Lanny & Beryl De Almeida

Sick Leave: We wish Peter Wilson a speedy recovery on his hip replacement!

Funeral Notice: Funeral Prayers for Cheryl Hannan will be offered at Tobin Brothers Chapel, Cnr Brook and Barkly Streets, Sunbury on Friday 25th February, 2022 commencing at 10:00 am. Masks to be worn.

- **Tonight Guest Speaker: P.P. Colin McKenzie**
Subject: Our past FAIM (Rawcs) overseas trips

UPCOMING EVENTS:

- 24th February 2022: **P.P. Colin McKenzie: Subject: Our past FAIM (Rawcs) overseas trips**
- 25th February 2022: **Funeral for Cheryl Hannan 10am Tobin's Sunbury.**

- 3rd March 2022 – **Guest Speaker -Xavier D’Aprano Juvenile Diabetes**
- 6th March 2022 -**Plogging on Clean Up Australia Day**
- 18th -20th March 2022 -**District Conference - Marysville**
- 1st April 2022 -**RIMERN working bee 10am-1pm**
- 3rd April 2022 - **Social day in Blackwood**
- 12th May 2022: **RC of Pascoe Vale/Stephen Bull Memorial Police Awards**



CLUB NEWS

- **Fundraising Chair Matthew:**
Another great day. I would like to thank Steve and Lois, Kevin, Bruce, Colin, Chris and Bec Lang for Their help on the day. And of course, Bruno for the coffee run. A big thank you to Bob and Elsa for Donating the onions once again.
- After expenses we made \$1532.80.



The Editor, PP Bruno, doing a quality check on the Bunnings BBQ.

Result: Best snags in the north!

Great job Rotarians!

- **PP Pat: Motoring Meander Sunday 3rd April:**
- As part of this social outing we will be visiting Blackwood, a small but very pretty town, one hour from Melbourne. There is an old cemetery and mineral springs off Golden Point Road on the Lerderderg River. While there I would suggest you have morning tea at Garden of St Erth or at the PO and Cafe before heading off to Trentham, 13 minutes away. More next week!



- Environment Chair Heather:
P.V. ROTARY ENVIRONMENTAL GROUP

1) PLOGGING SESSION

When? - Sunday March 6th 2022 from 10 am-11am
To coincide with Clean Up Australia Day



- **We will be picking up along Pentridge Boulevard again - Why?**
- **Because it is very very littered, it is high profile and gives Rotary volunteer work exposure and is awash with plastics.**
- **MEET ACROSS RD FROM BOOT FACTORY**
- **2) This is from Planet Ark. Recycling Used Batteries:**
- **Click on the link below for more information:**
- <https://recyclingnearyou.com.au/news/display/recycling-your-used-batteries-just-got-easier-with-launch-of-national>

- **Emma Davis, President Rotary Club Moreland**

Hello Cluster Two Presidents, and AG Judy and AG Kaye for release to Clusters One and Three

- As discussed recently, Moreland Rotary is hosting Mental Health First Aid (MHFA) training for our community.

We are able to support a course, including textbook, MHFA branded notebook, pen and lanyard and the facilitation for \$110.00 per person. This would typically retail for around \$300. The 12-hour Standard Mental Health First Aid course is for any interested adult.

You will learn how to assist an adult who may be experiencing a mental health problem or mental health crisis until appropriate professional help is received or the crisis resolves, using a practical, evidence-based action plan. This course is based on guidelines developed through the expert consensus of people with lived experience of mental health problems and professionals.

MHFA courses can provide members of the community with:

- Skills in how to recognise the signs and symptoms of mental health problems
- Knowledge of the possible risk factors for these mental health problems
- Skills in how to give appropriate initial help and support someone experiencing a mental health problem

- Skills in how to take appropriate action if a crisis situation arises involving suicidal behaviour, panic attack, stress reaction to trauma, overdose or threatening psychotic behaviour.

We are hosting this course in person, in a socially distanced classroom. Attendees must be fully vaccinated to attend and wearing of masks indoors will be dependent on the requirements at the time of the course.

This is a two-day program and you must attend both sessions for completion of the program. This course is available for

Saturday 30 April 2022, Saturday 7 May 2022 Timing will be approximately 9:30am – 4:30pm and location will be confirmed with registered attendees a little closer to the course start date. The program will be delivered in Metro Melbourne, likely close to Brunswick.

Further course dates will be released as each course fills.

To book, please go to <https://www.trybooking.com/BXLOR> Any questions, please reach out.

**Join us for just one meeting
and see if you can make**

TIME FOR ROTARY.





Club Messages/Cards

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message please get in touch with Rtn Heather Harris who will arrange for an appropriate card to be sent on behalf of our Club.

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