

# The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – March 09, 2022

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30pm. We have some great speakers. Visitors\* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale  
**Rotary**



## Presidential Decree

**9<sup>th</sup> March 2023**

Hi Rotarians, Friends of Rotary, and Kind Sponsors!

I do hope you & your families & friends are all well.

Last week's speaker was Francis Acquah. Francis is a Credentialed Mental Health Nurse and a Fellow of the Australian College of Mental Health Nurses.

Francis talked to us about The Positive Wellness Recovery Centre Pty Ltd (PWRC), a National Disability Insurance Scheme (NDIS) Provider

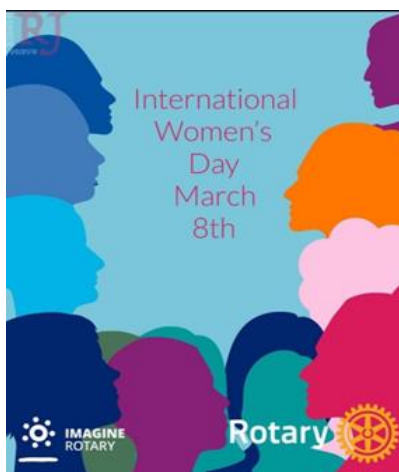
operating in the northern metropolitan region.

Many thanks to President-Elect Heather for her excellent Chairperson skills for the night!

To all our Ladies, hope you had a wonderful INTERNATIONAL WOMEN'S DAY on March 8th.

Please have a great long weekend & be safe on our roads!

Prez Bruno.



## This Week's Meeting



## Croquet Night

Meet at the Essendon Croquet Club, tomorrow at 6.00 pm, 35 Brewster St, Essendon

Members from the croquet club will be on hand to help us throughout the night. Dinner at the Essendon social club rooms after.

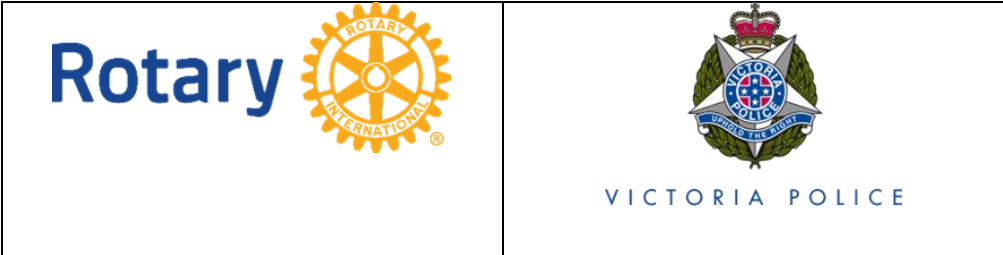
**Please wear runners.**

## Upcoming Events

9 <sup>th</sup> March	Croquet at the Essendon Croquet Club
16 <sup>th</sup> March	Regular Meeting
23 <sup>rd</sup> March	Regular Meeting
26 <sup>th</sup> March	Plogging, details below
30 <sup>th</sup> March	Community Police Awards
29 <sup>th</sup> April	Hearing and Vision tests
27-31 May 2023	Rotary International Convention -Melbourne.



**BOOK NOW for the Police Awards!**



**THIS WEEK'S CELEBRATIONS:**

Birthdays:

Anniversaries:

Kevin & Geraldine  
Fernandes

**Rotary Club of Pascoe Vale and  
the Victoria Police, Merri-bek Local Area present  
The Community Police Award 2023  
(The Stephen Bull Memorial Award)**

On Thursday, March 30th at 6.30 for 7.00 pm our Club, in conjunction with the Victoria Police, Merri-bek Local Area, will celebrate the 12th annual Community Police Award.

For the 3rd year, it is dedicated to the memory of Stephen Bull, a police officer who passed away on duty at the Fawkner Police Station. A dedicated officer who performed an invaluable service to the community of the Moreland area.

This combination between our Rotary Club and Victoria Police can only strengthen the bond between them and the community of Merri-bek, especially through the challenges of the past years.

Venue: Pascoe Vale RSL, 40 Cumberland Rd, Pascoe Vale  
When: Thursday, March 30th at 6.30 pm for 7.00 pm  
Please book via: <https://www.trybooking.com/CFJOS>

RSVP: 23 March 2023

If you have any questions do not hesitate to contact Bob Taylor on 0425 757 382 or email [treasurer18287@outlook.com](mailto:treasurer18287@outlook.com)

We look forward to seeing you there!

**Dinner in Bulla**



For something different, why not join Gerard at the Calabria Club, 5 Uniting Lane, Bulla (just passed the airport) for dinner, 7 pm this Friday night.

If you are interested, Let Gerard know on Thursday



**Rotary**   
 Club of Pascoe Vale

**Merri Creek  
 Clean-up day**

*Sunday March 26th  
 10am -12mid*

Meet at Big Tree near Joe's Garden  
 Edna Gve, Coburg

**Look for the yellow Rotary vests!!!!**

Gloves, bags, grabbers provided  
 Family friendly

Help keep the Merri beautiful!!!  
 More info: Heather, 0424 263 020





Spotted on a local golf course





Donations in Kind/ DiK—What’s it all about?

## **DIK 2023 Open Day**

Saturday 18 March 10 am—3 pm



Some people see the Donations in Kind store at West Footscray as nothing more than an overstuffed junkshop. However other more enlightened people, see it as a vast treasure trove of goods for all manner of local and international Rotary projects. They are like kids in a big toyshop – their eyes sparkle with ideas and opportunities.

With over 3500 square meters of mostly triple-racked shelving, the store holds supplies of hospital beds and mattresses, transfer trolleys, examination couches, IV poles, patient monitors, ECG’s, baby cots, and a vast array of medical consumables such as gloves, gowns, drapes, bandages and lots more. Then there are the school desks and chairs, together with school consumables, books and large stocks of new clothing. And don’t forget all of the mobility aids: wheelchairs, walkers, crutches, shower chairs and the like. But don’t take our word for it, come and see for yourselves.

Tea and coffee will be available all day and it would not be a Rotary activity without a Sausage sizzle.

Discover what you might utilise for local community projects as well as talking to us about container opportunities.

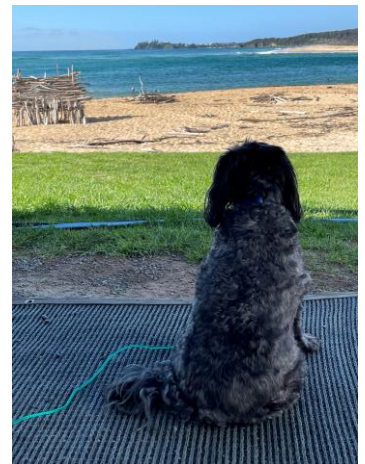
Make a Club outing of the visit and see how DIK can get the ideas started or provide help for your project.

Donations in Kind is located at Shed 39, 400 Somerville Road West Footscray. It is open on Tuesdays and Thursdays, <https://rotarydik.org/>

## **Touring Rotarian**

As most of you will know, Treasurer Bob has been caravanning on the southern NSW coast.

Looks like a great location, Bob





The 2023-24 theme has been released



**CREATE HOPE  
in the WORLD**

**UMOJA - REPORT**

**SPREADING THE WORD**

Recently I completed a 3 week guest speaking road trip up the Queensland Coast to Cairns from Bundaberg, kicking off in Gladstone. I feel it's important to get out and share the 'Umoja Journey', what can be done, to just put a face to the Umoja name, and to raise funds for the project.

I swapped cars with my youngest daughter and have traveled in her old Toyota Hiace van which has a mattress, gas cooker and camp fridge in it. It's been my home on this journey stopping overnight in caravan parks. I usually stay in caravan park cabins or cheap hotels, when doing guest speaking tours, but everything has gone up so much, I took this option. It's been interesting living in a small van. Makes you appreciate a comfortable bed. The summer heat wasn't kind, nor were the mosquitoes.

Traveling all the way up to Cairns I met with the monsoons the last few days, then traveled back down the coast. I've had the opportunity to see some magical coastal coves and beaches I'd have never seen before and got up close and personal with a cassowary and her baby in their natural environment.

I thank the clubs who have had me as a guest speaker, and also thank them for the wonderful humanitarian work they all do. Never ceases to amaze me how selfless Rotarians are. It was fantastic to catch up with a member of my first volunteer team way back in January 2013, to finally meet a wonderful lady in Cairns who has been donating to us since we began, and also catch up with people I'd met at other Rotary Clubs over the years and from my past. A lot of stories told...





I ask you to keep spreading the work we do for those less fortunate than ourselves. Without your help, we could not keep doing the work we do.

Every donation in Australia is tax deductible over \$2.00.

**DID YOU KNOW 97% of every donation goes directly to the Umoja Project? The only people receiving an income are our Kenyan employees.**

### Volunteers head off to UMOJA next month

In the second week of April, our 15th Volunteer Tour departs Australia for Kenya. The volunteers will work at the Umoja Project for 11 days, then head off on a well deserved safari. There is lots of work to be done at the project, and hopefully we will achieve our goals and get it all completed.

Good Luck to Peter Wilson, who will be on the trip!



**Bendigo Bank** | **Rotary** | **IMAGINE ROTARY**

**District 9790 Social weekend**  
**Deniliquin**  
**17th-19th March 2023**  
**Closing Date 12th March**

**<https://www.trybooking.com/CAKHU>**

The 2023 Rotary International District 9790 Social weekend is to be held in Deniliquin on the weekend of March 17th-19th 2023. After booking you will receive a listing of all accommodation options for Deniliquin.

We look forward to welcoming you to our wonderful town.

<https://www.trybooking.com/events/landing?eid=920914&>



**Club Messages/Cards –**

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Lia Wolfe (P.P. Pat’s daughter) who will arrange for an appropriate card to be sent on behalf of our Club.

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**The Pascoe Post**

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