

The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – August 23, 2023

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30pm. We have some great speakers. Visitors* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale
Rotary



THIS WEEK

Greetings fellow Rotarians.

First of all, a huge thank you to the Matildas soccer team for their inspiring contribution to women's sport not only in Australia but worldwide. What a team!

We inducted Anna into our Rotary family last week and look forward to many happy and productive hours working together on projects close to her heart. Welcome Anna.



Five PV Rotarians were invited to a meal with the students at Pascoe Vale Girls College last week. The students prepared, cooked, and served the luncheon. They did a marvelous job and the food was delicious. We look forward to doing further mock interviews with these students a little later in the year as preparation for their working life. A big thank you to all concerned.

I'm Back

Thanks to Chris for filling in while I was away. He did a great job.

Christine and I spent a very warm 4 weeks in Greece, Albania, and Croatia. And what seems like another week in airports and airplanes. As is customary, we picked up a bug on the way home, so I haven't fully caught up yet.



Join us online!

NOTE ## –
Change of Meeting
Access code

Following some difficulties with getting zoom up and running, we now have a new meeting details.

ZOOM meeting details
(available every week)

Click on the link to join our meetings, everyone is welcome.



We heard a compelling talk from Mandy Gosetti last week who founded “I’m Still Learning” in 2017 which runs short courses in basic home/car maintenance/cooking. It is a great success and continues to expand.



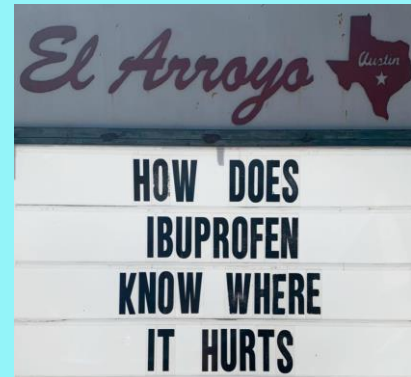
Stay safe and well
Heather Harris PHF
President
Pascoe Vale Rotary

Upcoming Events

24 th August	Club Meeting
27 th August	Taste of RYLA
16 September	Rotary Club of Whittlesea 25 Years Celebration
22 October	Let’s walk for mental health
24 October	Polio Awareness Day
7 November	Community Raffle drawn (Cup Day)
19 November	RYLA 2023
19 April	2024 District Conference Shepparton

<https://us05web.zoom.us/j/86340912240?pwd=c1ZIUGFLWFNSUTU2SmRDQlFUd09oZzo9>

Meeting ID: 863 4091 2240
Passcode: 4SnEt6



THIS WEEK'S CELEBRATIONS:

Birthdays:

Linda Jongebloed
Shirley Lawless

Anniversaries:

Osama and Rima Nasab





Youth Exchange Orientation

Recently, the Youth Exchange Orientation was held in Corowa, Southern NSW. Currently, there are 23 long term and 5 short term inbound students as well as 21 outbounds. Soon there will be another 18 long term and 15 short term outbounds. Also in attendance were 12 that have recently returned, plus various parents and Rotarians. This is one of the best things we do in Rotary and we love Rotary Youth Exchange!



Pascoe Vale is sponsoring Phoebe, who (we hope) will soon be on her way.

SATURDAY 28 October 2023	SUNDAY 29 October 2023
1pm to 3pm AEDT / 3pm to 5pm NZT	1pm to 3.30pm AEDT / 3pm to 5pm NZT
Followed by Business Session starting at 3.30pm AEDT	

This is a virtual event

Registration costs will be \$25 per Rotarian or Rotaractor.

Details:

<https://rotaryzone8.org/sitepage/2023-zone-8-virtual-conference/>





Foreign Coin Collection for UNICEF

District 9810 has partnered with UNICEF to collect foreign coins and notes. In the last five years, the district has sent over \$17,000 of coins and notes.

UNICEF works in over 190 countries for the rights and welfare of all children. It supports children's health needs, clean water, sanitation, quality basic education, and protection from violence, exploitation, and HIV. It has the same values as Rotary.

It is a NO COST project for Rotary which accepts all types of coins or notes.

Simply put out this container at your meetings.

Coin pickup: Bring your full container to the Cluster meeting.

Contact: nicholsb@westnet.com.au
0412 849 091



Please bring any unwanted coins to this weeks meeting.

The Rotary Club of Heidelberg is partnering District 9810, through The Rotary Club of Forest Hill, whose member Ron Brooks initiated this project in 2015. We invite your Club's participation in this very worthwhile project.

Please note that in addition to foreign coins, Australian coins such as 1c and 2c pieces will also be accepted.

The first attachment, or part thereof, is suitable for pasting onto the collection container you decide to use.



This October, Walk for Mental Health

22 October | 10:30AM | Nationwide

Mental Health Foundation Australia's Annual National Walk for Mental Health is being held on the 22nd of October 2023 at 10:30 am in each state and territory of Australia. Our walks are the perfect opportunity for the community to come





The second document gives more detail about the success of the project and the way in which Rotary and UNICEF worked together in Rotary Australia's Centenary Project, GIVE EVERY CHILD A FUTURE.

Our club "champion" is Bruce Nichols who would be pleased to assist in your process of deliberation.

Noel Sturgeon
President
The Rotary Club of Heidelberg

together to raise awareness and advocate for mental health.

Details at [The Event • Walk for Mental Health \(mhfa.org.au\)](http://The Event • Walk for Mental Health (mhfa.org.au))

Club Messages/Cards –

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Lia Wolfe (P.P. Pat's daughter) who will arrange for an appropriate card to be sent on behalf of our Club.
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