

The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – September 07, 2023

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30pm. We have some great speakers. Visitors* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale
Rotary



THIS WEEK

Behind the Badge Lisa Dallan

Join us on Thursday night to hear new member Lisa tell us about herself.

Join us online!

NOTE ## – Change of Meeting Access code

Following some difficulties with getting Zoom up and running, we now have new meeting details.

ZOOM meeting details
(available every week)

Click on the link to join our meetings, everyone is welcome.

<https://us05web.zoom.us/j/86340912240?pwd=c1ZlUGFLWFNSUjU2SmRDQlFUd09oZz09>

Meeting ID: 863 4091 2240
Passcode: 4SnEt6

Greetings fellow Rotarians.

Another big week. I attended a roundtable workshop of the Council and environmentally interested parties regarding improving the water quality in the Merri Creek. A most interesting morning and am sure you will hear more about it from me over time.

Also, this Sunday, September 10th from 10 am-12md there will be a tree-planting morning at Waark-Waark Bridge at the end of Beavers Rd Northcote near Ceres. I will be there and the more hands on deck the better.

We enjoyed a presentation from a group of young Spark Engineering members last meeting. Phoenix spoke eloquently about the inspiring impact Spark has had upon her and gave grateful thanks to Pascoe Vale Rotary for their assistance in enabling this to happen.

PP Bruno will be part of an international alliance Zoom meeting with a Rotary club in Nepal to mark Mental Health Week later this year. Addressing mental health issues is still very new in Nepal and we're sure Bruno will be a valuable contributor to the discussion.

We are looking for a team of PV Rotary members to do the Mental Health Day walk on October 8th starting and ending at Coburg Lake. Our club is providing the BBQ. Please consider coming along and supporting this worthy cause as well as a chance to get a bit of exercise.

Stay safe and well.

Heather Harris PHF,
President, Pascoe Vale Rotary





Upcoming Events

7 th September	Behind the Badge, New Member Lisa Dallan
14 th September	Club Meeting
16 th September	Rotary Club of Whittlesea 25 Years Celebration
8 th October	Moreland Rotary, Lift the Lid walk for mental health
17 & 19 Oct	Pascoe Vale Girls School, Mock Interviews
19 th October	DG combined visit, other clubs to attend.
21 st October	Hearing Tests
21 st October	Tree Planting BBQ
21 st October	School BBQ
24 th October	World Polio Awareness Day
26 th October	Partners Night, wear purple/red for Polio Awareness
7 th November	Community Raffle drawn (Cup Day)
19 th November	RYLA 2023
April 2024	2024 District Conference Shepparton, 19 th , 20 th & 21 st

As you can see above, October 21 will be very busy, everybody will be needed to help out

Merri Creek Water Quality



This week I represented Pascoe Vale Rotary and joined with representatives from Preston Rotary at a meeting of environmental and local government organisations who are concerned about the water quality of Merri Creek, particularly in the upper regions, and the impact that is having upon indigenous river life including the platypus.

THIS WEEK'S CELEBRATIONS:

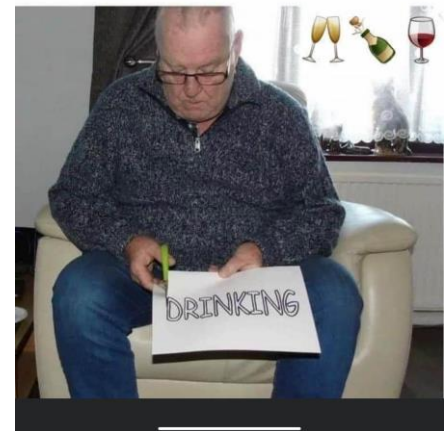
Birthdays:

Brian McDougal
Rock Pinder
Lois Papas

Anniversaries:

None

Doctor says I have to cut out drinking.





Participants

- Council Environment Coordinators
- Council staff responsible for Water Sensitive Urban Design (WSUD) implementation
- MCMC representatives, including Council representatives
- Melbourne Water – WSUD and Healthy Waterway Strategy planners, WaterWatch Coordinators
- Environment Protection Authority – WSUD and water quality experts
- Community representatives: Rotary - Pascoe Vale, Preston, Merri Paddle (MP), Friends of Merri Creek (FoMC) committee members, Bacchus Marsh Platypus Alliance (BMPA),
- Department of Energy, Environment and Climate Action (DEECA) staff

The Roundtable was an opportunity for decision-makers in public agencies to come together and discuss practical measures to discuss water quality issues. All speakers made very compelling cases for why the water quality is so poor and how it might be improved. Bacchus Marsh Platypus Alliance spoke about their successful campaign and now have many platypus sightings in their township.

Discussions and suggestions followed about how the community can support in practical terms (e.g. planting days, litter clean up, community awareness events, education, supporting educators, citizen science, pushing sodic soil treatment, smart tanks, platypus sensitive urban design, Implementing a comprehensive litter management strategy.) to manage stormwater run-off in the lower reaches including stormwater harvesting, urban wetlands, rain gardens, and smart tanks.

A most informative meeting and I am sure Rotary can be involved in some way in future environmental plans with these agencies.

Heather Harris, Environmental and Sustainability portfolio, PVR.

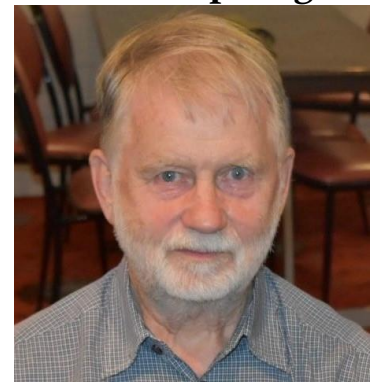
The District Governor's Family Project – Life's Little Treasures Foundation



This information is relevant to the District Governor's visit if your club wishes to make a donation to the DG's project.

The project has been listed on the RAWCS website at this link to provide details of the project [Supporting families with sick and premature babies](#) If you want to know more about the project you can share the following video with your members [Life's little Treasures Foundation](#).

Member Spotlight



COLIN McKENZIE
President 2004-05
Secretary 2002-03





JOIN ROTARY MORELAND

TO WALK & TALK FOR MENTAL HEALTH



**SUNDAY
8 OCTOBER**



**TIME
10.00 AM**

**STARTS FROM
The Stage
Coburg Lake Reserve**



**PHYSICAL HEALTH
FOR MENTAL HEALTH**



WWW.LIFTTHELIDWALK.COM.AU

DAY JOB

Formerly School Principal at Meadow Fair North Primary School

FUN FACT

We have been to Mount Everest 'Base Camp'. We avoided the usual privations of weather and high altitude of Nepal. We were actually on the Chinese side of the Himalayas and were able to drive to 'base camp' in a four-wheel drive vehicle.

FAVOURITE ROTARY MOMENT

I celebrated the 100th Anniversary of Rotary at the Rotary Club of Agra, India, whilst on a National Immunisation Day for Polio project in February 2005.

SONG

Current: "Dirty Old Town" by Knacker's Yard - About Salford in England's industrial north. We once saw the Eagles and the Dixie Chicks on a double bill for about \$40 a head in Toronto.

FAVOURITE PLACE TO HAVE A BEER WITH A ROTARIAN

Enjoying fellowship and free food and drinks with Rotary Project Volunteers in the Australian Government High Commission hospitality pavilion at the Annual Cup Day races at Port Vila, Vanuatu. I think there were more races on the card than horses that day.





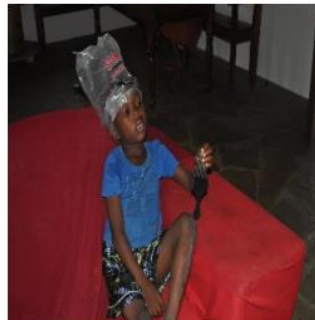
ALARE - REPORT

JUNE 2023

By social worker Aisha



Alare is always a serious boy, and focuses in what he has intended to do. If he is doing his work, then he will concentrate and won't mind what the other children are doing. He might be doing it in the living room while the other children are watching TV. He will only stare for a while if he sees something which he needs to see and returns to whatever he is doing. If he is doing his homework, the television cannot prevent him from continuing. During time when everyone is supposed to remove some maize, then he would make sure he does only that unlike the other children who will do both and likely one activity will paralyze between the two.



Alare also is training himself to draw by looking at a picture and trying to copy it. He has been doing this without being told with a lot of seriousness. These are the things he likes doing if he is not looking after animals together with his favorite farm boy by the name Mutinda.

Alare is doing very well in his schoolwork. Immediately after coming from school, he would do his assignments first before anything else. He normally does alone and for this month in my presence, I have never seen him asking on how to do his homework. After completion I go through his work I find that he has got everything correct. There is nothing to worry up to this juncture in terms of his education.

When it comes to playing, he also cooperates very well with the other children. He taught me on playing lude which I had no idea on how to do about. He led the game until the end. He was very happy to be the one teaching me and to win the game.

LOVE of LIFE

Joan and I met at Melbourne Teachers College in 1962. We have had successful careers in teaching and are the proud parents of Nicholas who lives in Toronto. We have farmed sheep, planted olive trees, and produced some excellent olive oil. These days we spend most of our time developing an extensive garden on the property at Baynton.

INTERESTING PLACES

We have traveled to some very interesting places in the world. Starting with Europe in a camper van (with 3-year-old Nicholas) and later by Eurail. Hiking to the 'Tiger's Nest' monastery in on the side of a mountain in Bhutan was spectacular. The most poignant place I can remember in our travels is Robben Island off the coast of Cape Town where Nelson Mandela was imprisoned for 27 years.

CRAZY MOMENT

Taking part in a Hindu Wedding Ceremony in Kathmandu, Nepal. The full-day proceedings included being dressed in traditional costume and riding an elephant down the main street of the city, complete with police escort This was followed by a wedding breakfast and dinner that went on into the evening. We were able to keep the costumes after the performance.





He enjoyed the walk to Kona ya msa , which I took the children on, and was among the leading ones. He can walk very first and a long distance without getting tired.



The children were playing a game of comparing who is stronger than the other. They were not fighting but the one who will bring down his/her colleague will be the winner. He managed to bring down James once. He knew how to time him and won. He felt very happy. Him and I went into the challenge, and he was busy laughing as I carried him on top. He felt the ride and was asking me to repeat the same.

He has been doing well for the whole month and has never become sick.



About ESRAG

Welcome to the Environmental Sustainability Rotary Action Group (ESRAG)! We formed ESRAG to empower members of the Rotary Family worldwide to take actions to sustain our environment, particularly to stabilize our climate.

ESRAG provides an organizing point and informational resources to share information with clubs and communities about sustainable practices and the global humanitarian crisis of climate change.

Find out more at [About ESRAG - ESRAG - Environmental Sustainability Rotary Action Group](#)





Club Messages/Cards –

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Lia Wolfe (P.P. Pat's daughter) who will arrange for an appropriate card to be sent on behalf of our Club.

Mobile: 0401 575 048

The Pascoe Post

Editor: Grant Standfield

Email: gstandfi@outlook.com

Mobile: 0400 738 102

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