

# The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – April 11, 2024

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30pm. We have some great speakers. Visitors\* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale  
**Rotary**



## This Week

Club Meeting  
Unfortunately, our  
scheduled speaker is  
unavailable.



Keeping you up to date  
with all that's been  
happening with volunteers,  
donations, welfare agencies  
& clients, and the many  
exciting things ahead.

Please click on the link to  
view the RIMERN  
newsletter

<https://rimern.us20.list-manage.com/track/click?u=c6fddebbe7a97do6oadf6cf73&id=bc7e3a4525&e=327e63f212>

Greetings fellow Rotarians

This weekend found me in Warburton overnight. I'd forgotten what a pretty area it is there. Even though there was some gentle rain, it certainly did not rain on our parade! I stayed right beside the Yarra and next door to a trout farm though unfortunately, time did not permit me to cast a line.

With school holidays still on, I've well and truly achieved my 10,000 steps taking my pre-school and school attending g/kids for ice-creams, sushi, and park playing today. We walked all the way, and a great time was had by all, but my legs are 2cms shorter this evening!

Thoroughly enjoyed the Broady Bikes presentation from Nick Richardson at our last meeting. A great initiative. Thank you, Nick.

My departure for Japan is fast approaching and very much looking forward to this next adventure.

Don't forget to come to Fyansford next Sunday. Looking forward to it and should be a great day.

Stay safe and well

Heather Harris PHF, President, Pascoe Vale Rotary Club



## Upcoming Events

11 <sup>th</sup> April	Club Meeting
14 <sup>th</sup> April	Club Social Function, Fyansford Papermill Tour,
18 <sup>th</sup> April	Membership Drive, Anna De Amicis - Part 3
April 2024	2024 District Conference Shepparton, 19 <sup>th</sup> , 20 <sup>th</sup> & 21 <sup>st</sup>
25 <sup>th</sup> April	Bunnings BBQ, ANZAC Day. 1.00 pm start
25 <sup>th</sup> April	ANZAC Day – No Meeting
2 <sup>nd</sup> May	Police Awards
4 <sup>th</sup> May	Hearing / Vision Tests, Pascoe Vale South Primary
9 <sup>th</sup> May	RIMERN visit, 5.45 pm start

## Last Week

Last week Pascoe Vale Rotary heard an inspiring talk from Nick Richardson of Broady Bikes – a social enterprise initiative of the Banksia Gardens Community Service. This initiative sources, restores and donates bicycles to young people in the Broadmeadows community. In a suburb that is 40% multicultural and with an increasing First Nations population, a service that gives access to cheap transport, hands-on learning and encourages community education is a beacon.

Their workshop at Kangan TAFE attracts young people to learn how to rehabilitate donated bikes for many more miles of travel. They are always looking for donations of quality bikes/parts and of course volunteers. Contact Nick on [nick.r@banksiagardens.org.au](mailto:nick.r@banksiagardens.org.au)

Thank you Nick for your time and excellent presentation.

## CLUB SOCIAL FUNCTION – BOOK NOW!

### BOOK with Pat Solibakke

On April 14 we are booked to go to the Fyansford Paper Mill Heritage Tour at **100 Lower Paper Mills Rd Fyansford.** This is run by the Highton RC with the \$10 cost per person charge for the tour going to their fundraising. Please pay for the tour using the following link [www.trybooking.com/CBZSH](http://www.trybooking.com/CBZSH)

The tour begins at 11.00 am and finishes at approximately 12.15.

## THIS WEEK'S CELEBRATIONS:

### Birthdays:

Bob Valastro

### Anniversaries:

None



## Sayings and insults

"I feel so miserable without you; it's almost like having you here" - Stephen Bishop

"He loves nature in spite of what it did to him." - Forrest Tucker





### Community report

Thanks to Gerard for helping shift the 9 fridges, microwaves, chairs, etc that we gave to RIMERN from the Coburg Special Development School that has moved from Gaffney St to 119 Urquhart St Coburg. A great effort! A big thank you to Principal Warren Tofts for facilitating this donation

There is an Open Day on Friday 12th between 10 and 2 at the Coburg Special Development School's new premises

### Shine On Awards

Through the office of Anthony Cianflone, Pascoe Vale Rotary has nominated 2 people for the Shine On Awards A big thank you to Mimi and Anthony.



Yours in Service, Pat Solibakke  
Assistant Governor 2, District 9790



### HELP NEEDED

Hi All,

Have just finished a monthly Zoom RIMERN meeting. They are desperate for some hands on deck for this coming Saturday as the District 9800 conference is on that weekend and they are very short.

Someone to drive the truck would be great, or to jockey for them.

Additionally is there anyone or someone you know who might be prepared to give some help on every 4th Saturday of the month as this day is empty of volunteers at the moment. It's a service which is giving much to alleviate community distress with a very small amount of volunteers.

Please contact  
Susie Cole on  
susie.cole@rimern.org.au or  
Ros McMaster on  
ros.mcmaster@rimern.org.au

Yours in service, Heather Harris  
President Pascoe Vale RC



### Rotary Club of Broadmeadows 17th Annual

### Paul Harris Birthday Celebration Dinner

Wednesday 8th May 2024

Guest Speaker: John Carroll

Glenroy Boy, Teacher, Crime Fiction Writer

**Paul Harris Birthday Celebration Dinner 2024** – Wednesday 8th May 2024  
Glenroy RSL, Glenroy Road, Glenroy 3046 6.30 for 7.15 start \$45 pp  
**Bookings:** Margaret Partridge 0429 904 986  
**Payment:** BSB: 633-000 Acct: 189773450  
Please advise of any dietary requirements





## ANZAAS Science Talk, Melbourne

Wednesday 24th April 2024, 6:30 pm

### “Urban trees are vital for sustainable, liveable cities”

Dr Greg Moore OAM - Former Principal of Burnley College, Melbourne University

All welcome, free, tell your friends! - ***Free pizza and drink after the talk***

At GTAC, in the grounds of University High School, corner Royal Parade and Story Street, Parkville (enter off Story Street or Royal Parade)

The shade and cooling effects of tree canopies will be vital if cities and suburbs are to be sustainable, especially during heatwaves. The presence of trees also has significant impacts on human health and well-being which can reduce health costs for people living in well treed suburbs. If we are to have sustainable and liveable cities as climate changes, we need an urban tree canopy cover of at least 30% to capture the many benefits that trees provide efficiently and effectively.

Dr Moore is interested in the scientific study of the cultivation and management of trees. He was the inaugural president of the International Society of Arboriculture, Australian Chapter. He has been a member of the National Trust of Victoria’s Register of Significant Trees since 1988 and has chaired the committee since 1996. He was a ministerial nomination for the Trust for Nature from 2009 to 2017 and for Yarra Park from 2010 – 2020. He has written three books, seven book chapters and many papers and articles relating to tree biology and management. He was awarded an OAM in 2017 for services to the environment, particularly arboriculture.

## In Memorandum

A special mass will be held for Valerie O’Gorman at Saint Teresa’s church Lincoln Road Essendon on Sunday, 21 April starting at 12:30 pm Everybody is welcome to attend



The Speaker for the Preston Club meeting on Wednesday 17 April is:

Tony Morrissey

PCFA Life Force Community Speaker

Prostate Cancer Foundation Australia

### **Topic: 'Prostate Awareness'**

Prostate cancer is the most commonly diagnosed cancer in Australia, claiming the lives of ten men every single day.

Over 25,000 Australian men are diagnosed with prostate cancer each year.

Many of these men will experience anxiety and





## Bunnings' sausage sizzle direction divides fans



A controversial move by Bunnings has sparked division among fans of the hardware giant's beloved sausage sizzle.

Sausage sizzles have been a feature of a weekend trip to Bunnings for more than 25 years, with not-for-profits, community groups, and charities using them as an opportunity to fundraise.

Bunnings has said it's now taking a "common sense approach" to its iconic snags by encouraging the use of sliced bread, rather than bread rolls.

"[We] encourage community groups hosting a sausage sizzle to serve sausages in slices of bread to ensure our offer is consistent as possible across all stores," the hardware giant said in a statement this week. The decision has split Bunnings fans, with listeners phoning in to 2GB this morning to voice their opinion.

Listener Sandy told Ben Fordham Live host Mark Levy bread rolls "were the much better option". "The slices of bread are way too soggy when you put your mustard and onion and sauce on," she said.

**Matt and Steve – No need to worry YET, it's a NSW issue**

depression as a result of their cancer, facing a 70% increased risk of suicide death.

72% of men do not reach out for help with what they are going through.

### **Know your Prostate Cancer Risk**

**This presentation will inform on;**

- Introduction to PCFA
- Prostate cancer myth busters
- What and where is the prostate
- How common is Prostate cancer
- What are your risks
- What are the symptoms
- How do you get tested
- What are the treatment options
- Support services available from PCFA
- Questions and answers





Rotary Club of Pascoe Vale  
 Victoria Police, Merri-bek Local Area  
**Community Policing Award 2024**

**(The Ivor “Monty” Montgomery Memorial Award)**

On Thursday, May 2nd at 6.30 for 7.00 pm our Club, in conjunction with the Merri-bek Local Area, Victoria Police will celebrate the 13<sup>th</sup> annual Community Policing Award.

This year it is dedicated to the memory of Ivor “Monty” Montgomery, an esteemed member of the Rotary Club of Pascoe Vale, who sadly, passed away in 2023. Monty’s passion for the police force came through in this award which he instigated 13 years ago.

This combination between our Rotary Club and Victoria Police can only strengthen the bond between them and the community of Merri-bek, especially through the challenges of the past years.

Venue: Pascoe Vale RSL, 40 Cumberland Rd, Pascoe Vale

When: Thursday, May 2<sup>nd</sup> at 6.30 pm for 7.00 pm

Please book via:

<https://www.trybooking.com/CQAIQ>

RSVP: 26 April 2024

If you have any questions do not hesitate to contact Bob Taylor on 0425 757 382 or email [treasurer18287@outlook.com](mailto:treasurer18287@outlook.com)

***We look forward to seeing you there!***

World Immunization Week — 24-30 April — is a perfect opportunity for Rotary clubs to share the incredible progress we’ve made toward eradicating polio.

This year features significant anniversaries to celebrate:

10 years since the World Health Organization (WHO) South-East Asia Region was certified free of polio

30 years since the WHO Americas Region was certified as polio-free

50 years since the launch of the Expanded Programme on Immunization, which ensures equitable access to vaccines (including polio vaccines)





**\*\* Click on the link to join our meetings, everyone is welcome \*\***

[https://us02web.zoom.us/j/84414016743?pwd=ckp0T1BNTjUvdTJNK2RVdU  
hjQ25RUT09](https://us02web.zoom.us/j/84414016743?pwd=ckp0T1BNTjUvdTJNK2RVdUhjQ25RUT09)

**Meeting ID: 844 1401 6743**

**Passcode: 970776**

### **Club Messages/Cards –**

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Lia Wolfe (P.P. Pat's daughter) who will arrange for an appropriate card to be sent on behalf of our Club.

Mobile: 0401 575 048

### **The Pascoe Post**

**Editor: Grant Standfield**

**Email: [gstandfi@outlook.com](mailto:gstandfi@outlook.com)**

**Mobile: 0400 738 102**

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