

# The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – May 16, 2024

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30pm. We have some great speakers. Visitors\* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale  
**Rotary**



## This Week

This week's report is from PP Pat, while President Heather is travelling.

On Sunday May 19, Denise and I attended the Shine On Recognition Presentation Ceremony at Diamond Creek Civic Centre hosted by the Rotary Club of Diamond Creek. The awards are divided into two categories, youth and adult, and cover the southern Rotary districts including 9790, 9780, 9810, 9800 and 9820. Attendees included DGs, PDGs and MPs as well as well as Rotarians, Nominees and their families

Pascoe Vale had nominated two recipients for this recognition - George Georgiou and Kathryn Pati . Both recipients have overcome many obstacles to continue their volunteer work in the community and are to be commended for this. One of the recipients was a former student from 9810!

At the ceremony, each nominee receives a Certificate of Commendation, and a select number of outstanding nominees receive a higher recognition for their contributions. Many thanks to Bendigo Bank of Ringwood, Boronia and Bayswater for their support of this program

A thank you from a parent - "What a wonderful way to celebrate the unique gifts and contributions our special children and adults can bring to being a functional member of their community. The generosity of Rotary in organising such an event in recognition of the efforts these individuals go through to be a part of , and contribute to their communities, is testament to the ethos of celebrating all abilities and that everyone matters. They say, "It takes a village to raise a child', well 'It takes a community to nurture the disabled, so they shine". D. Zygorodimos



Steve Crosling, District  
9790 ShelterBox  
Coordinator –will discuss  
Shelterbox and its current  
projects

Shelter is more than just a  
roof – it's a home. It's the  
foundation for life, for  
families, for communities.

When natural disasters and  
conflicts rob people of their  
homes, we can't wave a  
magic wand to replace  
what was lost, but we can  
help create something new.  
We can provide people  
with the tools to start the  
process of their own  
recovery.



## Upcoming Events

23 <sup>rd</sup> May	ShelterBox
30 <sup>th</sup> May	Merri Paddle
7 <sup>th</sup> June	Travel Report, Japan – Heather Harris
15 <sup>th</sup> June	Bunnings BBQ
13 <sup>th</sup> June	Amy Smith – Rotary Scholarship
20 <sup>th</sup> June	Karen Quist, St Mary's House of Welcome
11 <sup>th</sup> July	Changeover at Pascoe Vale RSL
22 <sup>nd</sup> July	Science and Engineering Challenge (on a Monday - help needed – contact Aaron)

## THIS WEEK'S CELEBRATIONS:

### Birthdays:

Don Cox  
Aaron De Buhr

### Anniversaries:

None

## Join our FREE Course

### Learn DIY skills for home

**Yarraville Community Centre**  
114 Blackwood Street, Yarraville

**Who is this course for?**  
Our Basic Home Maintenance courses are for those seeking to gain confidence to complete maintenance jobs around the home independently.

**What's included**  
The course involves four, two-hour, hands-on 'Basic Home Maintenance' sessions facilitated by knowledgeable instructors.

**What you will get out of it?**  
A sense of confidence that you can complete basic home maintenance tasks. Gain friendships and networks with participants. You will become part of our Alumni program where you can continue to learn and socialise others.

**Every Wednesday**  
Time: 7PM - 9PM

**Session 1 - 24 May**  
Safety in the home

**Session 2 - 31 May**  
How to repair a leaking tap

**Session 3 - 7 June 20**  
How to safely use a battery operated drill

**Session 4 - 14 June**  
Using a battery operated drill to build a take home tool box

FREE  
4 week  
course

**BOOK NOW** <https://www.trybooking.com/CPZNY>





### **Bruce Browning for the Rotary Radio Show**

Bruce will be interviewed on the Rotary & Community Service Radio show at around 6.45 - 7 pm on Friday 24th May. The topic will be our kindergarten hearing test program.

The Rotary & Community Service Radio show is every Friday night, 6 - 8 pm on 94.1fm or live streamed at [www.3wbc.org.au](http://www.3wbc.org.au)





 <p>UMOJA GEPHARAGE KENYA</p>	<p><b>ALARE – REPORT</b></p> <p><b>MARCH 2024</b></p> <p><b>By social worker Aisha</b></p>	 <p>UMOJA Children's Village - Ukunda</p>
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## Sayings and insults

"He uses statistics as a drunken man uses lamp-posts... for support rather than illumination." - Andrew Lang (1844-1912)

"He has Van Gogh's ear for music." - Billy Wilder

## **42 lessons life taught me**

Written by Regina Brett, of the Plain Dealer, Cleveland, Ohio.

"To celebrate growing older, I once wrote the 42 lessons life taught me. It is the most requested column I've ever written.

Part 1

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short – enjoy it.
4. Your job won't take care of you when you are sick. Your friends and family will.

Alare did his end of term one exam. Mamma Cathy and I went to collect the results. According to the teacher, Alare is not bad academically but has to rectify on some things. First, the teacher said that he is too forgetful. He makes silly mistakes just by forgetting or an assumption. This happens more in mathematics. He is very lazy when it comes to the subject and doesn't want to disturb himself. If the number is big, be it addition or subtraction, he will rather guess the answer than trying to tackle it and give out the correct answer. By doing this, it doesn't mean that he may not know the answer but doesn't want to disturb his mind which he ends up guessing. The teacher doesn't know whether he is scared of the big numbers or not. For instance, all those sums which he missed most of them he knew how to tackle them. He was able to do it until he derives to an answer.

Below is how he performed in the exam:

Mathematics: 77%  
 Kiswahili: 85%  
 Integrated science: 64%  
 Total: 317/400  
 Position: 15/34  
 English: 91%





Generally, he performed quite well but if he concentrated, he could have scored better than this.

All the children in his class were asked to take to school a makuti broom with them. The good thing was we had the raw materials needed to make the broom readily available. Immediately after school he said what he has been asked to school the following day thus told him because we already have raw materials, he can start making them. He indeed made it and took it to school the following day. Time was not on his side thus Aunt Lozi intervened and helped both Alare and his twin sister Alexis.

5. Pay off your credit cards every month.

6. You don't have to win every argument. Stay true to yourself.

7. Cry with someone. It's more healing than crying alone.



The problem with this school is that they don't ask for things in advance thus sometimes it becomes very difficult for them to get in time. Some things which they normally ask need to be bought and the time they come home its mostly past five thus becomes difficult for them to get as it is late already. And even for those items which they ask them to make sometimes it's very late in the evening but they are forced to make them as they will be needed and failure to which they can be punished. This is not only for him but to the other children also

So much news and so many new connections and events, our Inclusive Communities Initiative has proven to be very successful with Rotarians and many multicultural diverse communities. Our Guide for Prevention of Family Abuse in Australia has now been translated by volunteers into 9 languages: Farsi, Dari, Hindi, Swahili, Somalian, Greek, Mandarin, Arabic, (soon Dinka) and of course English.



We are working closely with the following:

**Changepreneurs** (Association of young women from migrant backgrounds dedicated to making positive changes in the Australian community one goal





Alares love to animals is of the highest degree compared to the other children here in Umoja. This time round he was very happy as Mamma Cathy brought two puppies a male and a female. Alare doesn't stay far away from them. He likes following them where they are, playing with them and also carrying them. Indeed Mamma Cathy has made the boy very happy. If it's not television, games on a mobile phone, then he can spend the rest of the day with animals and his day will be full of happiness. Mamma Cathy gave Alare the job of feeding the dogs every day which he takes very seriously. The two puppies, Yindi and Sebbby follow Alare everywhere and he classes them as his dogs. He was also very happy when he saw Mamma Cathy when she arrived. I can say that all the children LOVE Mamma Cathy when she is around. He was bought some new shoes for church and crocks to be worn at home by Mamma. They also got some new attires for church. They like it when she is here because they get favours which when she is not here, they rarely get them. The things are like being cooked special food that is Western food such as spaghetti bolognaise, sausages, and going to the beach. Sometimes she even buys the children an ice-cream after the beach. He suffered from malaria this month. This was confirmed after being taken to see a doctor. He got some injections and some drugs to use. He was well after medication. Mamma Cathy spent a lot of her time the first couple of weeks driving back and forward to the hospital as malaria was rampant amongst most of our children.

**\*\* Click on the link to join our meetings, everyone is welcome \*\***

<https://us02web.zoom.us/j/84414016743?pwd=ckp0T1BNTjUvdTJNK2RVdUhjQ25RUT09>

**Meeting ID: 844 1401 6743**

**Passcode: 970776**

of which is promoting awareness of family violence and child abuse and relevant community programs. Creator Abiola Akinbiyi (Rotary Wyndham Harbour)

**East African Women's Foundation** (non-profit community association that has worked with the East African community in Melbourne at a grass roots level since 2007, providing casework, advocacy and settlement and referral services as well as successfully running many events and projects to address community needs.

**Ethnic Communities Council of Victoria**

**Ethnic Council of Shepparton**

**Rotary Clubs** from far and wide: Melbourne, Caroline Springs, Chadstone/East Malvern, Carlton, Richmond, North Brighton, Wyndham Harbour, Nhill, E-Club Melbourne, E-Club District 9790 and 20 Clubs from District 9790 who have joined with us. We now have 145 Rotary Clubs following us.





### **Club Messages/Cards –**

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Pat Solibakke who will arrange for an appropriate card to be sent on behalf of our Club.

### **The Pascoe Post**

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