

The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – August 01, 2024

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30 pm. We have some great speakers. Visitors* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale
Rotary



A member of District 9790

The Presidents Report

Another busy week last week.

First and most importantly, our condolences to Deborah D'Aprano, Bruno, and the family on the loss of Deborah's father, Ray, last week at the age of 91. Footballer, golfer, and a good all-round sportsman, he was still very active up until recently. Ray leaves 18 grandchildren and 17 great-grandchildren.

On top of that, Deborah was admitted to hospital last week for an unrelated matter and spent a few days recovering in hospital. We wish you a speedy recovery and know our help will not be required as I'm sure Bruno will organise the kids to look after you.

Last week's speaker was Amber, our exchange student, who has returned from Germany. By all accounts, an excellent presentation.

While all this was going on, Peter, Bob and I were golfing on the Gold Coast. The weather was great, but the golf was disappointing

I'm looking forward to the cluster meeting this week, if you haven't booked – don't bother – you're too late.

Grant. Co-President, Secretary, and Editor

WANTED

Club Conference Co-ordinator.

Someone, who is going to the conference next April and would like to keep the members updated

WEB PAGE Co-ordinator

We perform very poorly in this area and need someone to spend an hour or so a week keeping it updated.

This Week

**CLUSTER MEETING with
DG Stephen O'Connell**

BOOKINGS CLOSED

This week's meeting is a ticketed event, with all clubs from Cluster 2 attending.

If you would like to come and you haven't booked, ring Pat Solibakke to make arrangements – **AND HAVE A GOOD EXCUSE FOR NOT BOOKING READY!**



Genovese Coffee in Moreland Rd has offered to donate a barista course for 6 young people in Meri-Bek
They normally charge \$175 for this 4 hr course

Contact RCL Pat for more info



Upcoming Events

1 st August	District Governor Visit
8 th August	Report - Science and Engineering Challenge - Aaron
10 th August	Bunnings BBQ
10 th August	DIK (Donations in Kind) Open Day, Brooklyn
17 th August	Man behind badge
24 th August	Club Meeting
21 st Sept	Hearing Tests
11-13 April 2025	District Conference Albury

National Tree Day - July 28th, 2024

National Tree Planting Day on July 28th dawned cold, wet and rainy as winter tried it's hardest to keep us all inside. The mercury sat at 6C, windchill 3C.

Undeterred, many of Melbourne's finest came out to assist Merri-Bek Council with the planting of hundreds of native grasses at the Moomba Park Wetlands in Fawkner. (estimated at 2,800 plants)

Families, Council workers and several PVRC members pulled on their raincoats and gloves and set to work. An hour and a half later, the job was done. We all had a sausage in bread courtesy of PVRC.

Grateful thanks to all who came - Steve and Matt and Chris for their photography/cooking skills, Bruno for his hot coffee delivery, Aaron and Praveen and Pat, Eva and Heather for their planting skills. A great day!



THIS WEEK'S CELEBRATIONS:

Birthdays:

None

Anniversaries:

Don and Joan Cox

42 lessons life taught me

Written by Regina Brett, of the Plain Dealer, Cleveland, Ohio.

"To celebrate growing older, I once wrote the 42 lessons life taught me. It is the most requested column I've ever written.

Part 6, Final

38. Envy is a waste of time. Accept what you already have not what you need.

39. The best is yet to come...

40. No matter how you feel, get up, dress up and show up.

41. Yield.

42. Life isn't tied with a bow, but it's still a gift."



Thanks to Steve, Matt, Bruno, Pat, Heather, Aaron, Chris, and Praveen. As always, the sausages and veggie burgers were a huge hit!



Last week's speaker

It was a pleasure last night to hear from our exchange student, Amber, who has returned from Germany. She shared many of her adventures & experiences with us & was indeed, an inspirational speaker! Well done Amber!



Rotary  **DONATIONS** Shed 39, 400 Somerville Road West Footscray

Did You Know?

There is a large range of mobility and disability support aids stored at Donations in Kind. Local Physiotherapists and Occupational Therapists visit to collect goods weekly. We also receive donations from aged care homes, hospitals and personal donors.

Find out more at the Open Day.

Saturday 10th August
10am to 3pm
Store tours every hour



Enjoy a range of food, tea & coffee, soft drinks and conversation

RIMERN (Rotary Inner Melbour... Susie Cole · 51 m ·

Thanks wonderful donors & volunteers, we helped 451 adults & 220 kids with \$511,000(2nd hand value) worth of donated homewares in 2023/24!





THE LIFT THE LID WALK

This event is a national initiative used to raise awareness on mental illness across Australia. This event, organised by Moreland Rotary Club, gives communities an opportunity to come together and Lift the Lid on Mental Illness. Hosted by the Rotary Clubs of Australia, funds raised from the walks go into mental health research through Australian Rotary Health.



SIGN UP. BRING ALONG A MATE. TRY THE WHOLE FAMILY.

When: Sunday October 13th, 2024 from 10am
Where: Commencing at The Stage, Coburg Lake Reserve
What: A Walk NOT a race from Coburg Lake along the Merri Creek trail to Queen's Parade and back.
Distance: Approximately 4 km or walk it twice for 8 km.
Who: Everyone who has been impacted by or cares about Mental Health
ENTRY FEE: \$30 - Early bird registrations prior receive an event t-shirt
Kids under 15 walk FREE.

Moreland Rotary is excited to host its third annual LIFT THE LID WALK for Mental Health.

More info/donations: <https://www.liftthelidwalk.com.au/moreland>

Also last week, we heard from Aaron De Buhr, who gave us a summary of a project he has been working on for some time. The Science and Engineering Challenge was relaunched at LaTrobe University after a 10-year absence. Aaron served as the coordinator for the event where was ably supported by the Rotary Club of Pascoe Vale. Having had a long association with this project, he always amazed by the high level of engagement from the students as they performed the various activities.





RIMERN VAN CAMPAIGN - 2024

RIMERN (Rotary Inner Melbourne Emergency Relief Network) have joined with Prospect Wines to offer a selection of 9 great value “Van” wines. This helps us raise funds for the promotional signage and ongoing running costs of the Commercial Van, purchased in 2022 to pick up vital goods donations. Please order some “Van Rouge”, “Van Rose” or “Van Blanc”, and help keep the RIMERN Van on the road! Thank you for your support... and Cheers!



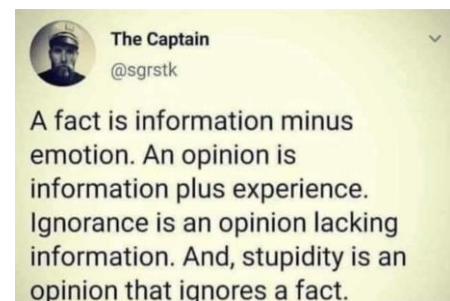
In Checkout, please select the RIMERN Rotary Club you are supporting. Minimum order quantity: 6 bottles (can be all 1 wine, or several different wines).

RIMERN contact: phone 1300 924 123, email warehouse@rimern.org.au
Order contact: Prospect Wines, phone 03 9877 1099, email sales@prospectwines.com.au or click the link below –

<https://prospectwines.com.au/product/rimern-rotary-inner-melbourne-emergency-relief-network-van-campaign/>

The event had university staff and students volunteering along with Rotarians.

Certificate of Appreciation was presented to our Rotary Club by The University of Newcastle



A message from the traveller.



Following on from his 6-day drive and golf trip TO the Gold Coast, and his 4-day golfing holiday ON the Gold Coast (with Bob T and Grant S), Peter Wilson is now in Bundaberg, Qld - where he caught up with Cathy Booth from the Umoja Orphanage.





But Peter couldn't spend a lot of time with Cathy, as he was off the play at the Bargara Golf course this afternoon.

Enjoy the trip Peter, the cold weather will still be here when you get home!

Zoom meetings are on hold until the camera is fixed

Club Messages/Cards –

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Pat Solibakke who will arrange for an appropriate card to be sent on behalf of our Club.

The Pascoe Post

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