

# The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – August 08, 2024

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30 pm. We have some great speakers. Visitors\* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale  
**Rotary**



A member of District 9790

## Prez's Post 15/8/24.

Another busy week for our Club! Last Thursday Rotarian Aaron gave a report on the Science and Engineering Challenge held at La Trobe University in partnership with the School of Engineering. The event sees secondary school students competing in a variety of hands-on activities to encourage them to undertake further study in STEM subjects. The students competed in a variety of activities such as building towers that were tested under earthquake conditions; wiring an electrical grid and constructing a wind turbine. A truly great project Aaron!

Our Bunnings BBQ last Saturday was a truly great success with the sunshine bringing people out & certainly kept the BBQ crew flat out all day! Many thanks to Chris, Rebecca, Steve, Kevin, Praveen, Athol,

Last Tuesday we went to Corpus Christi Primary School in Glenroy for Solar Buddies. Great to see the students & teachers putting the solar lights together for the project. Lights to be sent to Africa. Many thanks to Pat, Deborah, Bruce, Gerard, Chris, Heather

Great night last Thursday night at Pascoe Vale Rotary with the induction of 2 new members, my wife, Deborah & Praveen! Welcome to our club & to the greater Rotary International network of 1.4 million Rotarians in 46,000 clubs worldwide!

I am also part (representing Pascoe Vale) of the District 9790 Public Image Committee, together with Hamish Jones (Strathmore RC) & David Redfern (Moreland RC). We have decided to launch the Group to the District from our Club on the 12th of September. The format will be a Cluster group dinner plus invites to Rotary clubs of Sunbury, Craigieburn, Greenvale, etc. This is due to the feeling by Hamish & David that Pascoe Vale know how to put on "a great turn!"

Also, note that I also represent our Club on the District Conference Public Image Committee. More information to follow so –

**Prez BD (The Doc)**

## Last Week

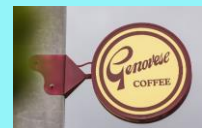
### Welcome to the club!



New members Deborah and Praveen



Aaron with President Bruno (the shorter of the two)



Genovese Coffee in Moreland Rd has offered to donate a barista course for 6 young people in Meri-Bek  
Contact RCL Pat for more info



## Upcoming Events

15 <sup>th</sup> August	Club Meeting
22 <sup>nd</sup> August	Merri-bek Community Food Hub, Ronella Gomez
29 <sup>th</sup> August	Club Meeting
5 <sup>th</sup> September	Club Meeting
12 <sup>th</sup> September	District 9790 Public Image Launch
21 <sup>st</sup> September	Hearing Tests
11-13 April 2025	District Conference Albury

## THIS WEEK'S CELEBRATIONS:

### Birthdays:

Peter Arnheim

### Anniversaries:

None

## 12 COMMANDMENTS FOR SENIORS - Part 2

#7 - Even duct tape can't fix stupid - but it sure does muffle the sound.

#8 - It would be wonderful if we could put ourselves in the dryer for ten minutes, then come out wrinkle-free...and three sizes smaller?

#9 - Lately, you've noticed people your age are so much older than you.





## Merri Paddle - Merri Creek Community Clean Up



### MERRI CREEK LITTER CLEAN-UP

**Saturday Aug 31<sup>st</sup>, 2-4pm**  
**Meet: Bike/Pedestrian Bridge,**  
**Connolly Ave, Coburg – across from DeChene Reserve**  
**FREE EVENT**  
**Booking essential [www.mcmc.org.au](http://www.mcmc.org.au)**

**Join Merri Paddle, FOMC, MCMC, local Rotary Clubs.**

**Aim:** To safely remove litter from creek banks and surrounding areas and collect important Citizen Science data aimed at reducing litter. All cleanup equipment is supplied. Please wear long pants, sturdy shoes and BYO gloves/ drink bottle if desired.

*Merri Paddle will also talk about their work supporting the eventual re-introduction of platypus into Merri Creek and how YOU can be involved.*



Litter is a major problem in our local waterways, seriously harming wildlife. Come along and help your local environment!  
## Homemade afternoon tea to wrap up! ##

Event will be cancelled if heavy rain

Please don't attend if feeling unwell.



## FOOD DRIVE

Like all food charity groups, NN is also struggling to provide for the underprivileged. This week, please bring a donation of small packets of plain flour or UHT milk and Pat will arrange delivery.



Hi everyone,

I hope this message finds you well. I wanted to propose starting a WhatsApp group for our Pascoe Vale Rotary Club. This platform will allow us to communicate more efficiently and stay updated on events, projects, and meetings. It will also provide a space for quick discussions and sharing ideas, which can help strengthen our





### ALARE - REPORT

MAY 2024

By social worker Aisha



There is this game involving bottle tops whereby the children flatten them using a stone or anything strong. After that they make a hole at the centre using a nail. I guess they collect them at school. Everyone, especially the boys have their and I don't know the tactics they use to identify which one is for who. For Alare he is too possessive and can even cry if someone has taken his. He will only want to play with his colleagues but once he is done will collect his bottle tops and won't want the other to use as he is no longer playing.

He also likes playing ludo game using a phone. He is always very happy when he sends the rest back home or he wins but when the vice versa happens he will start crying. He once cried and locked himself in the room when he lost a game. When it was time for eating there was a plate which had remained. The aunt asked who has not picked his/her plate thus they mentioned it was him and was crying in the room just because he has lost a game. No one bothered to call him and when he felt that he will not be called for dinner he came out and took his plate and started eating without talking to anyone and still sulking that he lost his game.



collaboration and engagement.

WhatsApp can be quite useful for Rotary Club members in several ways:

1. **Communication**: It allows for quick and easy communication among members, whether for organizing meetings, discussing projects, or sharing updates.
2. **Group Chats**: Members can create group chats for different committees or project teams to streamline discussions and coordination.
3. **Event Coordination**: It facilitates the scheduling and coordination of events, such as service projects or social gatherings, and can handle RSVPs and reminders.
4. **Document Sharing**: Members can easily share documents, reports, and presentations related to club activities and projects.
5. **Real-Time Updates**: WhatsApp enables real-time sharing of news, announcements, and important information.



Alare is more passionate in farming more especially in grazing. He is still the same as whenever he gets any chance to be with the animals he will use it to the fullest. I wasn't sure if he can also love cultivation. He is also doing very well in that sector in his own little garden. He prepared his land, planted sweet potatoes all by himself. The sweet potatoes are doing very well. The only problem is that there is a lot of weeds as the time which he has are not adequate to do cultivation due to schooling. He goes to school very early in the morning and comes home past 5 in the evening. When they come home they have other stuff to do and homework, thus the garden becomes a second hand priority.

When the schools were opened, Alare joined the rest to school. He has no problem academically. When he comes home in the evening, the first thing to do is his homework. He does it independently and I have not seen him of late asking for help in doing homework. When I check his books, he has got everything right meaning when the teacher is teaching, he always gets the concept.

The only challenge which he has is textbooks same as the other children. He has to copy the assignment at school using the few class textbooks then come and do it at home. Sharing textbooks for a group of pupils is a challenge. Sometimes you may need it at home so that you can refer to example but it's impossible as it will not be available. Mamma Cathy has stated this will never happen again with the school supplying the books which all the parents/caregivers paid for, and they keep them there to use for every year and the children are forbidden to bring them home. Mamma Cathy even went to the school to complain about this system which is the first time put in place. Next year we will once again purchase our own like every other year bar this one. He has been doing well for the whole month.

6. **\*\*Engagement\*\***: It helps maintain engagement among members by fostering a sense of community and facilitating regular interaction.

Overall, WhatsApp can enhance organization, communication, and collaboration within our Rotary Club.

If you're interested, please let me know, and we can set it up.

Best regards, Sara Murdock



Gerard and I were privileged to attend the opening of the CSDS along with our new member MP Anthony Cianflone Warren Tofts Principal beamed continuously in his wonderful new school – Pat S.





# THE LIFT THE LID WALK

This event is a national initiative used to raise awareness on mental illness across Australia. This event, organised by Moreland Rotary Club, gives communities an opportunity to come together and Lift the Lid on Mental Illness. Hosted by the Rotary Clubs of Australia, funds raised from the walks go into mental health research through Australian Rotary Health.



**SIGN UP. BRING ALONG A MATE. TRY THE WHOLE FAMILY.**

When: Sunday October 13th, 2024 from 10am

Where: Commencing at The Stage, Coburg Lake Reserve

What: A Walk NOT a race from Coburg Lake along the Merri Creek trail to Queen's Parade and back.

Distance: Approximately 4 km or walk it twice for 8 km.

Who: Everyone who has been impacted by or cares about Mental Health

ENTRY FEE: \$30 - Early bird registrations prior receive an event t-shirt

Kids under 15 walk FREE.

Moreland Rotary is excited to host its third annual LIFT THE LID WALK for Mental Health.

More info/donations: <https://www.liftthelidwalk.com.au/moreland>

**Carol O'Connell's  
DG Partner Project**



**Interplast**

Repairing bodies & rebuilding lives  
in the Asia Pacific region

My partner project is in support of a wonderful organisation that makes a huge impact. That organisation is Interplast.

I evaluated a lot of organisations before deciding on Interplast, as it is very important to me to show respect to clubs for all the effort made in fundraising, and the care taken to make the difficult choices about which causes to support.

Interplast was originally formed by a Rotarian and a friend back in 1983 who saw the need for expert surgical teams to travel to countries in the Asia Pacific region to perform plastic and reconstructive surgeries for those most in need. Since this time, Interplast has grown and developed. Their impact is truly significant and sustainable.

Reconstructive and transformative plastic surgery is





## DIK – Another Container on the way!



Chris and Gerard (possibly) have been hard at work at DIK, Brooklyn, packing another container. This one is bound for East Timor. Well Done, Gents.

provided for free for those who need it most in the Asia Pacific.

Medical teams travel to where they are needed, working collaboratively with staff in country, as well as providing training and mentoring.

To demonstrate my investment in this Partner Project, I have set myself a personal challenge. I played around with the numbers of our district, D9790, and have started on a 987.0km walk culminating at the District Conference in Albury in April 2025. I will do the walk in about 10km bursts between our District commitments.

My hope is to use the walk also for public image for Rotary and Interplast. I would be very grateful if your club would donate to my Partner Project in support of Interplast. follow this link to donate through the specific fundraising page.

<https://carols-dg-partner-project-interplast.raiselysite.com/>

Thank you  
Carol

### THREE PILLARS OF SUSTAINABLE GROWTH



WELCOMING NEW AND DIVERSE MEMBERS



EMBRACING A CULTURE OF CARE



STARTING AND NURTURING NEW CLUBS





## A Message from The Travelling Treasurer



# Mock Interviews are Coming!

Thursday 19 September - Antonine College VCE VM 19 students  
Thursday 24 October - Pascoe Vale Girls College VCE VM 40 students  
Please note it is important for interviewers to ensure that their Working with Children Check is current.  
Any queries should be directed to Kevin Fernandes.

Bob is currently at the Mundi-Mundi Festival, about 40 kms north west of Broken Hill. He is there with a few thousand of his closest friends. If you look closely, you can see him sitting beside his caravan.

**## Zoom meetings are on hold until the camera is fixed ##**

### Club Messages/Cards –

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Pat Solibakke who will arrange for an appropriate card to be sent on behalf of our Club.

### The Pascoe Post

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