

The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – July 18, 2024

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30 pm. We have some great speakers. Visitors* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale
Rotary



A member of District 9790

This Week

Dream Cricket

Peter Dell

DreamCricket was initiated by Dr Roly Bigg of the Movement Disorder Foundation in concert with the Rotary Clubs of the Southern Highlands and the Bradman Foundation. The DreamCricket program engages its participants through modified and adaptive cricket-themed activities.



It has grown to encompass schools and children throughout Australia and internationally, with special focus on Schools for Specific Purposes or disadvantaged schools.

The Presidents Report

Last week was another very busy week. Changeover on Thursday night was a huge success, and on Saturday morning we had a great turn up to Corpus Christi to build some planter boxes for the “Plant to Plate” program.

The Change Over

For the first time in 47 years, the changeover was held at the Pascoe Vale RSL, and it was a very busy night. Special guests included District Governor Stephen O’Connell and his wife Carol, District Governor Elect Emma Davies, local State MP Anthony Cianflone, and PV RSL President Brian McNaughton and his wife Linda.

Anthony Cianflone was inducted into the club. Sara Murdock returned to Rotary and Grant Godino and Jerry Paglinawan transferred to Pascoe Vale from other clubs.



Brian McNaughton, PV RSL President was presented with a “Friend of Rotary” badge.





Chris Lang, Aaron Debuhr, and Grant Standfield received Paul Harris Awards from DG Stephen O'Connell.



Bruce Browning was presented with the prestigious Royce Abby award by District Governor-Elect Emma Davies, with flowers being presented to his partner, Denise.



Rotary Community Leader, Pat Solibakke inducted Co-Presidents Bruno D'Aprano and Grant Standfield.

Co-President Grant introduced the new board. They are Secretary - Grant Standfield, Treasurer- Bob Taylor, Community Chair - Pat Solibakke, International Chair - Matthew Whittle, Fundraising Chair - Steve Papas, Youth Chair - Aaron De Buhr, Vocational Chair - Kevin Fernandes and Foundation and Membership Chair and President-Elect - Peter Wilson.





A huge thank you to Heather for her efforts as President for the past 12 months. It's a thankless position, but it is hugely appreciated. After a short break, Heather will be back as Co-President!

A great night was had by all, and I'm sure we'll be back at the RSL next year.

Upcoming Events

18 th July	Peter Dell – Dream Cricket Special General Meeting
22 nd July	Science and Engineering Challenge (on a Monday - help needed – contact Aaron)
25 th July	Amber – Youth Exchange
28 th July	Council BBQ
1 st August	District Governor Visit
8 th August	Club Meeting
10 th August	Bunnings BBQ
10 th August	DIK (Donations in Kind) Open Day, Brooklyn
21 st Sept	Hearing Tests
11-13 April 2025	District Conference Albury



Genovese Coffee in Moreland Rd have offered to donate a barista course for 6 young people in Meri-Bek
They normally charge \$175 for this 4 hr course
Contact RCL Pat for more info

THIS WEEK'S CELEBRATIONS:

Birthdays:

Sara Murdock

Anniversaries:

None

42 lessons life taught me

Written by Regina Brett, of the Plain Dealer, Cleveland, Ohio.

"To celebrate growing older, I once wrote the 42 lessons life





Merri Paddle Update



Spent a fruitful morning meeting with Julia C from Merri Paddle, Ruth and Peter from Preston RC discussing plans for a Litter Pickup Day coming up on Saturday afternoon August 31st. Watch this space for further information. It should be fun as there will be a bit of Citizen Science included - PP Heather

National Tree Day - July 28th, 2024

We'd love you to join us as we celebrate National Tree Day 2024!
We'll be planting indigenous shrubs, grasses and flowers to enhance the wetland habitat, then sharing in a BBQ lunch.

All are welcome!

Meet at the Moomba Park Wetland, near Somerlayton Crescent.
Limited on street parking is available on Somerlayton Crescent. Access also from Moomba Park McBryde Street Car park, and follow the Merri Creek Trail to the wetland. Gloves and tools provided.

Please remember to wear suitable clothing for the weather including long sleeves and sturdy footwear.

Contact

Merri-bek City Council Conservation Programs Officer, Conservation Programs Officer
Phone: 03 9304 9713 Email: nature@merri-bek.vic.gov.au

taught me. It is the most requested column I've ever written.

Part 5

32. Don't audit life. Show up and make the most of it now.

33. Growing old beats the alternative -- dying young.

34. Your children get only one childhood.

35. All that truly matters in the end is that you loved.

36. Get outside every day. Miracles are waiting everywhere. (I love this one)

37. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.

"You will never reach your destination if you stop and throw stones at every dog that barks"

- Winston Churchill





ANDO'S 9790 ROTARY FOUNDATION ROADTRIP

Join Rotary Foundation Major Gifts Officer Mark Anderson and me at Lunch with the Rotary Club of Heidelberg on Monday 29 July at 1245. The venue is the RSL on Bell, 180 Bell St, Heidelberg Heights, next to a BP service station and opposite the Repatriation Hospital.

This is your chance to hear an update on our Rotary Foundation and how you and your Club can get involved as a contributor and/or a participant in one of the many Rotary Foundation programs and grants available.

The cost for the Rotary Club of Heidelberg's lunch is \$30, payable on the day by cash or card.

Lunch acceptances for visitors are essential and bookings close with me on Tuesday 23 July. Places are limited.

The lunch meeting will finish at 2.00 pm and a separate information session will take place from 2.30 – 3.30. There is no cost to attend the information session and can be attended by any Rotarian including those who did not attend the lunch. Content is likely to be different.

Further information: RRFC David Anderson 0418 533 959

WORKING BEE REPORT



Last Saturday a group of hardy souls met to build a garden bed at Corpus Christi Primary School, Glenroy – Well Done to our illustrious leader Gerard and son Ben, and the rest of the Rotarians who did a great job supervising



Rotary  **DONATIONS IN KIND** Shed 39, 400 Somerville Road West Footscray

Did You Know?

There is a large range of mobility and disability support aids stored at Donations in Kind. Local Physiotherapists and Occupational Therapists visit to collect goods weekly. We also receive donations from aged care homes, hospitals and personal donors.

Find out more at the Open Day.

Saturday 10th August
10am to 3pm
Store tours every hour



Enjoy a range of food, tea & coffee, soft drinks and conversation



THE LIFT THE LID WALK

This event is a national initiative used to raise awareness on mental illness across Australia. This event, organised by Moreland Rotary Club, gives communities an opportunity to come together and Lift the Lid on Mental Illness. Hosted by the Rotary Clubs of Australia, funds raised from the walks go into mental health research through Australian Rotary Health.



SIGN UP. BRING ALONG A MATE. TRY THE WHOLE FAMILY.

When: Sunday October 13th, 2024 from 10am

Where: Commencing at The Stage, Coburg Lake Reserve

What: A Walk NOT a race from Coburg Lake along the Merri Creek trail to Queen's Parade and back.

Distance: Approximately 4 km or walk it twice for 8 km.

Who: Everyone who has been impacted by or cares about Mental Health

ENTRY FEE: \$30 - Early bird registrations prior receive an event t-shirt

Kids under 15 walk FREE.

Moreland Rotary is excited to host its third annual LIFT THE LID WALK for Mental Health.

More info/donations: <https://www.liftthelidwalk.com.au/moreland>

A message from a Cambodia

Recently, Christine and I were holidaying in Cambodia.

Great trip, but just too hot!

During a visit to one of the many temples, we came across this important advice.


We particularly like number 7.

Should avoid the following:

1. Evil Person
2. Broken Family
3. Harmful Relatives
4. Immoral Wife
5. Inferior Place
6. Evil Country
7. Untrustworthy Waiters
8. Corrupt Government Officers





Rotary  **Emergency Services Community Awards**
Districts of Victoria

Vic RESCA recognises outstanding community service of paid and volunteer members of Victorian Emergency Services and supports Emergency Services Research scholarships in partnership with Emergency Services Foundation (ESF).

Patron: The Governor of Victoria
Her Excellency Professor the Honourable Margaret Gardner AC



2024 AWARDS DINNER
Saturday 3rd August 2024
6.30 pm Hyatt Place Essendon Fields
\$95 per person
Book via QR code or link

<https://events.humanitix.com/copy-of-rotary-emergency-service-community-awards-victoria-resca-vic>



Rotarians, individuals, agency representatives, colleagues, nominators, and the family and friends of finalists, are all welcome.

BOOKINGS CLOSE SUNDAY 21st July 2024 - so get in quick!

The program includes

- Former ESF scholarship recipient presentation
- Recognise 'Finalists' from each ES agency
- Announce Two Major Winners: Volunteer and Paid capacity
- Tickets include a 2-course meal and drink on arrival
- Additional alcoholic drinks can be purchased at bar prices
- Unlimited soft drink, juices, still and sparkling water, tea and coffee
- Complimentary on-site carparking

Find out more about the awards and scholarships via the online platform - www.vic.rescawards.org.au/



Anybody wishing to attend the RESCA Awards, please contact PP Bob Taylor, so Bob can organise a table together

DO IT NOW,

bookings close this Sunday





Zoom meetings are on hold until the camera is fixed

Club Messages/Cards –

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Pat Solibakke who will arrange for an appropriate card to be sent on behalf of our Club.

The Pascoe Post

Editor: Grant Standfield

Email: gstandfi@outlook.com

Mobile: 0400 738 102

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