



# THE PASCOE POST

**6th of March 2025**

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### **VOLUNTEER TRIUMPH: MERRI PADDLE'S RAINY DAY SUCCESS**

#### **THE PRESIDENTS REPORT 060325**

Great to see over 30 people ignore the rain and volunteer at the "Keep Up Australia" working bee last Sunday March 2. Organised by Merri Paddle and supported by members from at least four local Rotary clubs – Moreland, Preston, Coburg, and Pascoe Vale.

The project was a huge success. Over four cubic metres of rubbish were collected in about an hour and a half. Volunteers met at Connolly Avenue, Coburg (beside the Merri Creek), and collected rubbish upstream, downstream, and across the creek in De Chene reserve.

Congratulations to the organisers and the volunteers. Great Job!

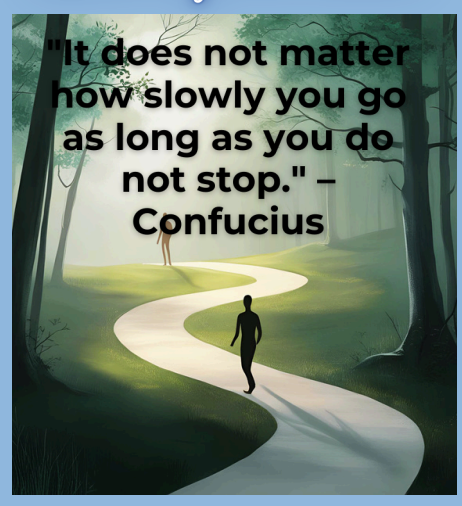
Well Done also to Pat Solibakke, who has successfully arranged an extension of our lease on the Bishop Street sheds.

The lease on the sheds, which house Nourishing Neighbours and are used for our storage, was due to expire in March, but we have been given a 12-month extension.

**Grant Standfield PP PHF**  
**Co-President and Secretary**  
**PVRC**



#### *Quote of the week*



**"It does not matter how slowly you go as long as you do not stop." – Confucius**

#### **CLUB MESSAGES AND CARDS**



If you know of any current, honorary/past members of family or friends of the Rotary club who would benefit from a card or message, please get in touch with Faye Coker who will arrange for an appropriate card to be sent on behalf of our club.





# PASCOE VALE ROTARY CLUB

DISTRICT 9790



## LAST WEEKS PVRC MEETING



"Voyages, Learning, Friendship, and Inspiration"



Rtn. Faye Coker our last week speaker

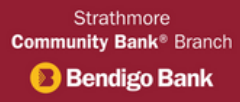
### Inspiring Story!

Faye's story is one of resilience, community, and global adventure. Born in 1974 to young Greek immigrants, her early family life was shaped by her grandfathers' gritty work on Melbourne's rail projects, including the creation of the iconic Sunshine station underpass. Her father dedicated his career as an electrician at CUB, while her mother made her mark in public service as an executive assistant.

With a solid foundation built by her family's hard work, Faye carved out her own path in the world of IT, gaining expertise and acclaim while working for community and business internet service providers and telecommunications companies. Her professional journey wasn't confined to Melbourne; it spanned continents,

leading her to Europe. There, amidst the old-world charm, she met Russell—a talented Free and Open Source Software (FOSS) developer and systems administrator. Their shared passions and aspirations became the bedrock of their partnership. Together, Faye and Russell have raised two remarkable children. Their 17-year-old, currently navigating the final year of high school, is deeply invested in feminist criminology, while their 20-year-old is pursuing engineering, carrying the family's legacy of technical prowess into the future.

Faye's Rotary journey began with her heartfelt volunteer work at RIMERN. Soon after, she became an active member of the Pascoe Vale Rotary Club. Through Rotary, she has forged new connections and embraced fresh perspectives. She cherishes the community service aspect of Rotary and looks forward to participating in more club projects, driven by a desire to give back and uplift those around her.



### RIDDLE ME THIS?

- I speak without a mouth and hear without ears. I have no body, but I come alive with wind. What am I?
- I'm light as a feather, yet the strongest man can't hold me for more than 5 minutes. What am I?
- I'm taken from a mine, and shut up in a wooden case, from which I'm never released, and yet I am used by almost every person. What am I?
- I can fly without wings. I cry without eyes. Whenever I go, darkness flies. What am I?

read through the newsletter to find out the answer



### REMINDER

Join us for an enlightening and engaging meeting as we explore the vital role of the State Emergency Services (SES) in our community.

**Date:** 20th March **Location:** Fawkner SES, 1161 Sydney Road, Hadfield (directly behind Fawkner Police Station, entrance via Sydney Road)

**Parking:** Available on premises (drive past the SES building and enter the carpark through the gate)

**Arrival Time:** 6:15 PM for a 6:30 PM start

At 6:30 PM, we'll kick off with a presentation detailing the SES's operations and offering valuable tips on storm and flood preparedness.

Following this, we will split into groups for an interactive tour of the premises, showcasing their impressive equipment and vehicles.

The evening will conclude with a delightful pizza dinner.

Please inform me if you plan to attend and if you'll be staying for the pizza feast.

Don't miss this opportunity to learn, connect, and enjoy some delicious pizza!



Thanks & Regards  
Rtn. Kevin F.





# PASCOE VALE ROTARY CLUB

DISTRICT 9790



## THIS EMAIL IS WRITTEN TO ALL ROTARIANS OF DISTRICT 9790

The District Governor Nominating Committee conducted interviews on 23 February 2025 to select a candidate for the position of District Governor for the 2027-28 Rotary year.

Following careful consideration, a successful candidate was selected and notified.

Given the unprecedented nature of the Regionalisation Pilot and the rapidly evolving Rotary landscape in the South Pacific, the Nominating Committee explored various options for ensuring strong and stable leadership in 2027-28.

After thorough deliberation, the Committee has recommended that DGN Paul Miegel, from the Rotary Club of Corowa, be appointed as District Governor for 2027-28, leading the district for a second successive year. This recommendation aims to provide continuity and stability as District 9790 navigates the post-pilot era. Paul's proven commitment and leadership make him well-placed to guide the District through this period of change.

Please note that DGN Paul was not present for these discussions as this would have represented a clear conflict of interest. In accordance with our current bylaws, we had a quorum in place when the decision was made.

Additionally, the Nominating Committee has recommended that the recently interviewed and selected candidate be formally considered for the position of District Governor in 2028-29. On this basis, we anticipate the person would be DGN from 2026-27, DGE from 2027-28 and DG from 2028-29.

We understand that this is unusual; however the Committee believes that we are in uncharted waters and need to adapt to the circumstances we face.

We appreciate your continued dedication to Rotary and look forward to working together to strengthen our District's future.

*Yours in Rotary,  
DG Stephen*

## UPCOMING EVENTS

06TH MARCH

PVRC MEETING

13TH MARCH

PVRC MEETING

19TH MARCH

ESTATE PLANNING SEMINAR

20TH MARCH

Visit to Fawcner SES 1161  
Sydney Road Hadfield  
6:30PM

20TH MARCH

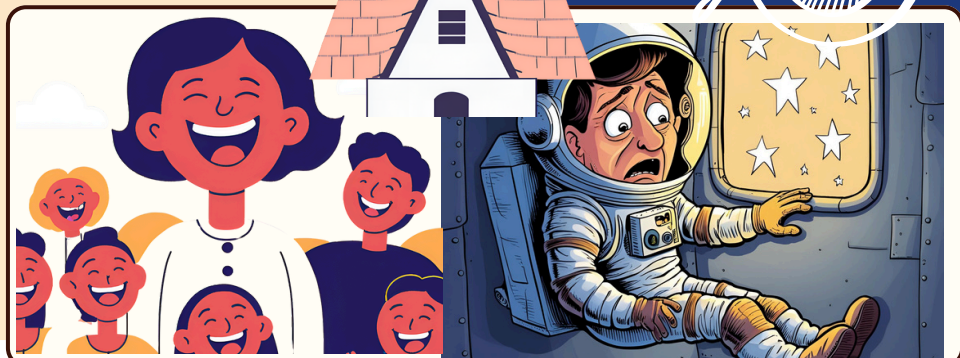
PVRC MEETING

11,12,13TH APRIL

DISTRICT CONFERENCE 2025

## DID YOU KNOW?

Rotary District 9790 supports Interplast, offering free surgeries and training in developing countries, transforming lives and enhancing local healthcare through volunteer medical teams and sustainable, impactful initiatives



## BIRTHDAYS

March

Deborah D'Aprano  
Heather Harris

A very happy birthday to you all!

## ANNIVERSARIES

Congratulations to **Kevin and Geraldine Fernades & Grant and Christine** on their anniversaries!

## Funny Bones

1.0 Did you hear about the claustrophobic astronaut? **He needed a little space.**

2.0 How do you organize a space party? **You planet.**

3.0 I would tell you a chemistry joke, **but I know I wouldn't get a reaction**

4.0 I'm reading a book on anti-gravity. **It's impossible to put down**

5.0 Did you hear the joke about the roof? **Never mind, it's over your head.**

6.0 My calendar's days **are numbered.**





## BEHIND THE HEADLINES

Rotary is built on leadership, resilience, and community spirit—values clearly reflected in our District’s latest developments. The District Governor Nominating Committee has taken an unprecedented step to ensure stability through the Regionalisation Pilot’s evolving landscape, recommending that DGN Paul Miegel continue as District Governor in 2027-28. This decision aims to provide continuity and strong leadership as we navigate these changes, while also ensuring a clear pathway for future governors.

Beyond leadership, Rotary thrives on service. The recent "Clean Australia Day" working bee demonstrated this commitment, with over 30 volunteers braving the rain to collect more than four cubic metres of rubbish along Merri Creek. Supported by multiple Rotary clubs, this initiative is a fantastic reminder of what we can achieve when we work together to make a difference.

Our Rotary community is also strengthened by the unique journeys of its members. Faye’s story is one of resilience and global adventure, shaped by her family’s hardworking roots and her own career in IT. From Melbourne to Europe, her experiences have brought her to Rotary, where she now actively contributes to the Pascoe Vale Rotary Club and broader community projects. Her passion for service embodies the very best of what Rotary stands for.

Finally, a special acknowledgment to Pat Solibakke for successfully securing a 12-month extension on our lease for the Bishop Street sheds. This ensures that programs like Nourishing Neighbours can continue supporting those in need.

These stories remind us why we do what we do. Whether through leadership, service, or simply showing up to lend a hand, every contribution strengthens our Rotary family. Let’s continue working together to create positive change in our communities.

*Jerry Paglinawan*  
News Editor



## Recipes from AROUND THE WORLD

### It's in the authentic Lamb Biryani Rice:

*Serves 4*

#### Ingredients

##### Biryani:

- 2 onions, thinly sliced
- 2 tomatoes, chopped
- 1/2 cup each of mint and coriander leaves, chopped
- 3-4 green chillies, slit
- 1 cup water
- 1/2 cup ghee or oil
- Saffron soaked in 1/4 cup warm milk
- Fried onions, fresh herbs for garnish

##### Rice:

- 2 cups Basmati rice
- 4 cups water
- 1 bay leaf, 4-5 cardamom pods, 4-5 cloves, 1-inch cinnamon stick
- Salt

##### Lamb Marinade:

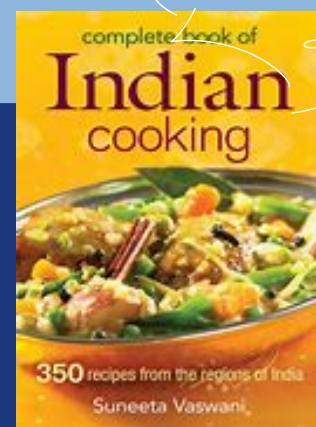
- 500g lamb
- 1 cup yogurt
- 1 tbsp ginger-garlic paste
- 1 tsp each of turmeric, red chili powder, garam masala, ground cumin, ground coriander
- Salt

#### ASSEMBLE:

1. Marinate Lamb: Mix lamb with yogurt, spices, and salt. Marinate for 2 hours or overnight.
2. Prepare Rice: Soak rice for 30 min. Boil with spices and salt until 70-80% done. Drain.
3. Cook Lamb: Fry onions in ghee/oil until golden. Add marinated lamb, cook till tender. Add tomatoes, mint, coriander, and chillies. Cook 5-7 min.
4. Layer Biryani: Layer half of parboiled rice over cooked lamb. Drizzle saffron milk. Add fried onions, herbs. Repeat layering.
5. Dum Cooking: Cover pot tightly. Cook on low heat for 20-25 min. Let rest for 10 min.
6. Serve: Fluff with fork, garnish with fried onions and fresh herbs. Serve hot with raita or salad.

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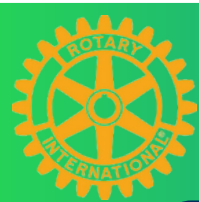
link <https://www.flipsnack.com/5F96AD88B7A/leading-together-district-developments-february-2025-edition/full-view.html> text



#### Riddle Answers

1. An Echo
2. Breath
3. Pencil Lead (Graphite)
4. A Cloud





PASCOE VALE ROTARY CLUB

DISTRICT 9790

INTERNATIONAL NEWS



BUNNINGS warehouse

Strathmore Community Bank® Branch Bendigo Bank

"Young Leaders Inspired at Rotaract UN Days.



THE NEXT GLOBAL LEADERS

Young trailblazers find inspiration at Rotaract UN Days

The first Rotaract UN Days brought about 200 young people to the United Nations Office at Geneva for four days of inspiring discussions about human rights, health, economic development, peace, and science — and of course some fun (they're Rotaractors, after all).



CERN (European Organization for Nuclear Research) An outing to the birthplace of the World Wide Web! The CERN international physics laboratory on the Swiss-French border is also home to the world's largest particle accelerator and more than 12,000 scientists from over 70 countries exploring the origins of the universe and more. Its legacy is not just in scientific discovery but in proving that collaboration can overcome division. As CERN's former Director-General Rolf-Dieter Heuer told us a day earlier: "Science has no agenda; it belongs to everyone." I am struck by the similarity with our Rotaract values — collaboration, innovation, and the drive to create a better future. — Zayne Sinclair governments, NGOs, and communities to create lasting impact.

UPCOMING EVENTS



Your old phone could save a life. DV Safe Phone collects, repairs and gives free mobile phones to domestic violence survivors, through over 360 Domestic Violence and Law Enforcement Agencies, Safe Houses and Hospitals Australia -wide.

Make a real difference in the lives of those currently experiencing domestic violence, by donating funds or your old phones today!

More at DV Safe Phone - Donate Phones, Donate Funds

RIDDLE ME ANSWER: MAP

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