



PASCOE VALE ROTARY CLUB

DISTRICT 9790

THE PASCOE POST



8th of May 2025

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"Celebrating Police, Teaching Drivers, Preparing Leaders—A Week of Impact"



THE PRESIDENTS REPORT

It has been another big week for the club, with 3 very different activities being completed.

On Thursday night, we hosted the Community Policing Awards at the Northern Golf Club. Congratulations to our winners Sergeant Andrew Thomson – winner of the Monty Montgomery Memorial Award, and runners up Acting Sergeant Adam Biderman, Sergeant Geoffrey Kwist, and Acting Senior Sergeant Kristie Givney. Well done to Bob Tayler for organising a great night.

On Saturday morning, the club conducted a Basic Car Maintenance course at the Fawcner SES facility. The course is designed to provide new and younger drivers with a basic car knowledge. Congratulations to Mandy and her organising committee. The feedback from the attendees was very positive. Special mention to super trainer Steve Papas.

On Sunday, six of us made the journey up the Hume Highway to Benalla for the District Assembly. It was good to see about 200 Rotarians, representing most District clubs in attendance. This meeting prepares the 2025-26 office bearers for their new tasks and responsibilities and signals the end of the current year is approaching.

Grant Standfield PP PHF
Co-President and Secretary
PVRC

PASCOE VALE ROTARY CLUB
DISTRICT 9790

LA TROBE UNIVERSITY

SCIENCE & ENGINEERING Challenge 2025

Join Us Celebrate the 25th anniversary of Science & Engineering Challenge by having your school compete
Register Your Interest today!

The La Trobe Bundoora event is organised by the Rotary Club of Pascoe Vale and the School of Computing, Engineering & Mathematical Sciences at La Trobe University

Monday, 16 June 2025
09.00–3.00 PM

Our Location
LATROBE UNIVERSITY
BUNDOORA

Meet the Doctor & Engineers in the field

Digital Construction Industry: Guiding Students in Applying Building Information Modelling (BIM) for the Future of Construction Engineering.

Interactive Sessions

Participate in active, collaborative tasks to learn and work together, achieving objectives for the betterment of the community

Contact Aaron de Buhr
(+61) 421 642 836
Email: awdebuhr@gmail.com

Quote of the week

"There is no role in life that is more essential than that is of motherhood."



CLUB MESSAGES AND CARDS

If you know of any current, honorary/past members of family or friends of the Rotary club who would benefit from a card or message, please get in touch with Faye Coker who will arrange for an appropriate card to be sent on behalf of our club.



PASCOE VALE ROTARY CLUB

DISTRICT 9790

POLICE AWARDS

A Night of Unity and Recognition: PVRC Rotary Police Awards at Northern Golf Club



On the evening of May 1st, the Northern Golf Club was abuzz with camaraderie and purpose as PVRC Rotary hosted the prestigious Police Awards Night—an event that embodied the collective effort and commitment of leaders across various sectors. Thanks to the unwavering dedication of Rotarian Bob Taylor, the night was flawlessly orchestrated, bringing together a distinguished assembly of officials, Rotarians, and community members. Among the esteemed guests was District Governor Stephen alongside his wife Carol, along with Incoming District Governor Emma Davis of District 9790, whose presence signified the continuity of leadership and dedication within the Rotary ranks. Adding further weight to the gathering were State MP and Rotarian Anthony Cianflone, City Councillor and Rotarian Oscar Yildiz, and Police Area Commander for Merri-bek, Andrew Markakis—each playing a vital role in fostering dialogue around community safety and law enforcement collaboration.

A dozen uniformed police officers graced the event, reinforcing the sense of security and trust that underscored the evening's theme. As conversations flowed, Commander Markakis and government officials engaged in informative speech, exchanging ideas on future safety programs and initiatives aimed at strengthening public security. The carefully curated meal that followed set the tone for the night's most anticipated moments—the awarding ceremony. In a moment of recognition and honor, Sergeant Andrew Thomson was named the recipient of the Monty Montgomery Memorial Award, a tribute to his exemplary service and dedication to upholding justice. To close the evening, laughter and stories filled the air as attendees mingled, forging new connections and strengthening existing bonds. It was a night that encapsulated collaboration, commitment, and community spirit, leaving each participant inspired to continue their shared mission of fostering a safer and more united society.

-Jerry Bearnod Paglinawan
PVRC News Editor

UPCOMING EVENTS

8TH MAY

PVRC MEETING
SISTERS & MISTER
WILL BE PERFORMING
@ RSL

15TH MAY

PVRC MEETING
GUEST SPEAKER:
STEPHEN BOURIS

17TH MAY

BASIC CAR
MAINTENANCE
SATURDAY 9AM-1:30PM
PASCOE VALE NORTH
PRIMARY SCH.
17-29 KENT RD, PASCOE VALE

22ND MAY

PVRC MEETING
GUEST SPEAKER:
CHRISTINE STOW

29TH MAY

PVRC MEETING

BIRTHDAYS

May

Anthony Cianflone
David Apps

A very happy birthday
to you!

ANNIVERSARIES

Bruno & Deborah D'Aprano!

Funny Bones

Why did mom get a trophy on Mother's Day?

Because she gave birth to a legend—you, obviously.

What did the baby corn say to the mama corn?

"Where's popcorn?"

What's the official flower of Mother's Day?

A plastic one—so it can survive the chaos she lives in



DID YOU KNOW?



Mothwas founded by Anna Jarvis in 1908 and became an official holiday in 1914. She wanted to honor her own mother, who was a peace activist.



PASCOE VALE ROTARY CLUB
DISTRICT 9790



DISTRICT NEWS



What an incredible District Learning Assembly in Benalla on Sunday 4 May. A huge thank you to the training team, presenters, all helpers and attendees.

We have attached the slide deck presentation for your reference, as well as the electronic Membership Action Plan from DG Stephen and Carol.

If your club missed adding their signature event(s) to the poster, please email DGE Emma to add this to scheduling.

Youth chairs and those who attended the grants session should expect contact and resources from those sessions directly from the presenters soon.

District Governor Stephen and District Governor Elect Emma love to celebrate members, their clubs and communities! Help us celebrate the incredible people and projects of District 9790 at Changeover on Sunday 6 July 2025. [Rotary District 9790 Changeover 2025 - Wangaratta Tickets, Wangaratta Turf Club & Oaks Wangaratta, Wangaratta | TryBooking Australia](#)

We also invite you to join us for Connection, Community and Courage in Coburg Melbourne for our Conference, 20 and 21 March 2026. We have released early bird pricing to match Albury conference ticketing and single session options for flexibility. We have already sold 35%, and this venue will sell out at capacity, so book ASAP for this special offer, [District 9790 Conference 2026 Tickets, Chapter Place, Coburg, | TryBooking Australia](#). Note the accommodation block is still not ready for release (awaiting official Grand Prix dates), however, please book your conference now and accommodation information will follow.

Thank you for your ongoing support into 2025 / 2026 as we "Unite for Good"

Yours in Service,

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BUNNINGS
warehouse

Strathmore
Community Bank® Branch
Bendigo Bank

Classic Hearty Chicken Soup

By a Mother's Touch

Ingredients:

- 1 whole chicken (about 1.5 kg), cut into pieces
- 2 liters of water
- 2 carrots, chopped
- 2 celery stalks, chopped
- 1 onion, diced
- 3 cloves garlic, minced
- 1 teaspoon salt
- ½ teaspoon black pepper
- 1 bay leaf
- 1 teaspoon dried thyme
- 1 cup egg noodles or rice (optional)
- Fresh parsley for garnish

Instructions:

1. Prepare the broth: In a large pot, add the chicken pieces and water. Bring to a boil, then reduce to a simmer. Skim off any foam that rises to the surface.
2. Add vegetables & seasoning: Stir in carrots, celery, onion, garlic, salt, pepper, bay leaf, and thyme. Let simmer for about 1 hour, until the chicken is tender.
3. Shred the chicken: Remove the chicken pieces, shred the meat, and discard the bones. Return the shredded chicken to the pot.
4. Add noodles or rice (optional): If using, stir in egg noodles or rice and cook until tender.
5. Final touch: Remove the bay leaf, adjust seasoning, and garnish with fresh parsley. Serve warm and enjoy!

This soup is perfect for chilly evenings or when you need a comforting meal



Last chance this weekend!!!
Basic Car Maintenance course:

**BASIC CAR MAINTENANCE
OPEN AGE WORKSHOP (18+)**

\$35

17th May 2025 from 09:00 to 13:00
Pascoe Vale North Primary School
17-29 Kent Rd, Pascoe Vale
BYO car if possible

- Tyre maintenance
- Changing a tyre
- Checking and topping up fluids
- Understanding your engine
- Safety practices... and more!

REGISTER NOW!

<https://www.trybooking.com/DAOGW>
Terms and conditions apply.

Questions? pvrotary.training@gmail.com

Proudly hosted by the Rotary clubs of Pascoe Vale, Moreland and Strathmore.





PASCOE VALE ROTARY CLUB

DISTRICT 9790

INTERNATIONAL NEWS



BUNNINGS
warehouse

Strathmore
Community Bank® Branch

Bendigo Bank

2025 – 2025 ROTARY INTERNATIONAL PRESIDENT

Rotary  UNITE
FOR
GOOD

Mário César Martins de Camargo from Brazil
Rotarian 1980
President 1992-93
DG 1999-2000
Rotary Foundation trustee 2015-19
Rotary International director 2019-21
RI learning facilitator, committee member and chair, and
task force member
Wife Denise, Major Donors and Benefactors of our Foundation



UNITE
FOR
GOOD

Rotary 



Rotary  CALGARY
2025



MAGIC ALL AROUND
21-25 JUNE 2025 • CALGARY, CANADA
Register today at convention.rotary.org
#Rotary25



Your old phone could save a life.
DV Safe Phone collects, repairs and gives
free mobile phones to domestic violence
survivors, through over 360 Domestic
Violence and Law Enforcement Agencies,
Safe Houses and Hospitals Australia -wide.

Make a real difference in the lives of those
currently experiencing domestic violence,
by donating funds or your old phones today!

More at DV Safe Phone - Donate Phones,
Donate Funds

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To unsubscribe please reply to
the email and write
"unsubscribe in the subject line."



2025-26 Presidential Messaging

Rotary 

By sharing the **Unite for Good**
presidential messaging for
2025-26, you help the world
understand how Rotary
members, as people of action,
collaborate with partners,
communities, and each other
to make a difference.

RI President-elect Mário César Martins de Camargo calls us to unite
for good. By using the power of human connection to welcome new
members, collaborate on service projects, and share the impact we
make, Rotary members create positive change.

Find inspiration and ideas for including these 2025-26 presidential
message graphics in your social media communications.

Pro tip: Add the presidential message social graphic in a post with two
additional photos that show your club members in action.

To create awareness and understanding of Rotary



Sample 1:

We unite for good. The <your club's name> is part of a
global network that includes more than 1.2 million members
worldwide.

We are Rotary. We are people of action. Connect with us
at <your club website>

Sample 2:

We unite for good to transform communities. The <your
club's name> is part of a global network that volunteers
approximately 47 million hours each year.

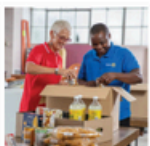
We are Rotary. We are people of action. Connect with us
at <your club website>

Sample 3:

The <your club's name> partners with a global network
of members working to end polio forever. Since the effort
started in 1979, we've helped immunize 3 billion children.

We are Rotary. We are people of action. Connect with us
at <your club website>. We unite for good.

To highlight the impact your club makes



Sample 1:

The <your club's name> <how your club is making an
impact in your community>.

We are Rotary. We are people of action. Learn more about
how you can support <your club's activity> at <your club
website>. We unite for good.

Sample 2:

We unite for good to create lasting change. The <your
club's name> is committed to solving the most pressing
issues in <community name>.

We are Rotary. We are people of action. Connect with us
at <your club website>

Sample 3:

The <your club's name> supports Rotary's efforts to
end polio forever. <How your club is supporting polio
eradication>.

We are Rotary. We are people of action. Connect with us
about <your club's polio activity> at <your club website>.
We unite for good.